

South Coast Care Homes Limited

Sunrise Nursing Home

Inspection report

10 Cobbold Road
Felixstowe
Suffolk
IP11 7HQ

Tel: 07825362906

Date of inspection visit:
12 January 2022

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21 January 2022

Ratings

Overall rating for this service	Inspected but not rated
Is the service safe?	Inspected but not rated

Summary of findings

Overall summary

Sunrise Nursing Home provides residential and nursing care for up to 30 people in an adapted building over 3 floors. At the time of our inspection there were 24 people living in the service.

We found the following examples of good practice.

There were plentiful supplies of personal protective equipment and staff were following the guidelines regarding its use.

Staff were undertaking daily lateral flow tests as an extra precaution to ensure that any infections were identified promptly, reducing the risks to the people living in the service.

The home was clean and fresh smelling throughout. Some areas had chipped paint and damaged flooring, but the provider had started to redecorate and had an action plan setting out when the remaining areas would be completed.

The service had never had a COVID19 outbreak.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

Sunrise Nursing Home

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the COVID-19 pandemic we are looking at how services manage infection control and visiting arrangements. This was a targeted inspection looking at the infection prevention and control measures the provider had in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 12/01/2022 and was announced. We gave the service 24 hours notice of the inspection.

Is the service safe?

Our findings

Staffing

- The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises. The home was clean however some equipment and parts of the home were tired which meant that they were more difficult to clean. We were assured that the provider had a plan to upgrade the premises and equipment.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- The provider had an infection control policy in place and a named infection control lead. The manager was developing a COVID 19 contingency policy to provide specific guidance to staff on how they should respond in an outbreak.
- We were assured the provider was facilitating visits for people living in the home in accordance with the current guidance.

We have signposted the provider to resources to develop their approach.

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.

- The service was meeting the requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.