

Bupa Care Homes (CFHCare) Limited

Colonia Court Care Home

Inspection report

St Andrews Avenue
Colchester
Essex
CO4 3AN

Tel: 01206791952

Date of inspection visit:
18 August 2020

Date of publication:
07 September 2020

Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Colonia Court provides care for up to 123 people including nursing care across four, purpose-built bungalows each with its own specialism. Paxman house provides nursing care support for up to 35 people. Mumford House accommodates up to 28 people who have a non-nursing need who are living with dementia for long term or respite care. Blomfield house accommodates up to 30 older people who require non-nursing residential care for long term or respite care. Amber Lodge provides specialist-nursing care for up to 21 people diagnosed with Huntington's Chorea. Within Amber Lodge a designated wing of the bungalow, known as Catchpool provides care and support for up to nine people living with dementia who also require nursing care.

We found the following examples of good practice:

- The service had experienced an outbreak in the early days of the covid-19 pandemic. At the time of our visit, all the people living at the service had tested negative for the virus. The registered manager described how they had worked tirelessly with the staff team to ensure people were safe from the risk of infection. Keeping people and staff within each unit in distinct "bubbles" was key to this achievement.
- The registered manager and staff told us they were not complacent and knew the importance of maintaining vigilance. The registered manager demonstrated a learning attitude and had adapted their practice following discussions with stakeholders early on in the pandemic. For example, their staff risk assessment had been adapted to consider the increased risks to Black, Asian and Minority Ethnic staff of getting covid-19.
- Families were supported to visit people at the service and different options, such as window or garden visits offered choice and flexibility to suit people's needs and preferences. The registered manager had carried out detailed risk assessments to ensure risks to the spread of infection were minimised during visits. Two marquees had been set up in the garden, which could be reached without entering the properties where people lived. Visitors prepared in the first marquee, which provided information and protective equipment such as masks. They then moved through to the second marquee where they met the person they were visiting, separated by a plastic screen. A member of staff provided support throughout the visit.

Further information is in the detailed findings below.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

We were assured the service were following safe infection prevention and control procedures to keep people safe.

Inspected but not rated

Colonia Court Care Home

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

This was a targeted inspection looking at the infection control and prevention measures the provider has in place. As part of CQC's response to the coronavirus pandemic we are conducting a thematic review of infection control and prevention measures in care homes.

This inspection took place on 18 August 2020 and was announced. The service was selected to take part in this thematic review which is seeking to identify examples of good practice in infection prevention and control.

Is the service safe?

Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.