

Dr V Sapatnekar

Elm Lodge

Inspection report

107-109 Enys Road
Eastbourne
East Sussex
BN21 2ED

Tel: 01323419257

Date of inspection visit:
30 March 2021

Date of publication:
21 April 2021

Ratings

Overall rating for this service	Inspected but not rated
---------------------------------	-------------------------

Is the service safe?	Inspected but not rated
----------------------	-------------------------

Summary of findings

Overall summary

Elm Lodge is a care home which provides accommodation and personal care for up to 27 older people, some of whom were living with dementia. At the time of the inspection 25 people were living there.

We found the following examples of good practice.

People were supported to maintain contact with their family and friends. In line with government guidelines people had identified a relative or friend for in-house visits. These visits were welcomed by the registered manager. In addition, people were able to receive window visits and as the weather improved garden visits were being re-introduced. Where people were considered to be end of life, they were able to receive regular visits from family in their bedrooms. Throughout the pandemic people had been supported to keep in touch through the use of phone and video calls and this was continuing to happen.

All visitors were required to have their temperature checked and wear the appropriate personal protective equipment (PPE). Single named visitors were required to have a rapid Covid-19 test before the visit.

As far as possible, social distancing was maintained. We saw people in the lounge playing bingo. Seating had been arranged in a way that supported social distance but enabled people and staff to engage safely.

Staff had access to PPE. They had received infection control and specific Covid-19 training, and this included guidance for staff about how to put on and take off PPE safely. Regular testing for people and staff was taking place.

The home was clean and tidy. There was a cleaning schedule and this included regular cleaning of high touch points such as door handles and light switches.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

Elm Lodge

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of COVID-19, we are conducting reviews to ensure that the Infection Prevention and Control practice was safe and the service was compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place.

This inspection took place on 30 March 2021 and was announced.

Is the service safe?

Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.