

Regency Medicine Ltd Westerleigh Nursing Home

Inspection report

18 Corsica Road Seaford East Sussex BN25 1BD Date of inspection visit: 02 July 2021

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Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Westerleigh Nursing Home provides nursing and personal care to older people who may have a physical disability. The service can accommodate up to 30 people. There were 26 people living in the home when we visited, they had a range of personal and nursing needs and some were living with a dementia.

We found the following examples of good practice.

The home facilitated visiting in line with the government guidelines. There was a visiting procedure and charter that had been shared with relatives and people's representatives. There was a designated area of the home where visiting took place. This was facilitated by a staff member who had robust systems to ensure safe practice was followed. This included an appointment system and COVID-19 testing.

Attention had been given to promoting social distancing for staff and people in the home. The environment had been reviewed and occupancy had been reduced to accommodate changes in the environment to support social distancing. For example, communal areas had been re-arranged to allow people to form bubbles and have separate lounge and dining facilities. Other rooms had been designated as the staff testing room and visiting room.

The home was clean and there was a team of regular domestic staff who completed a cleaning programme. The cleaning products had been reviewed and updated to ensure suitability for cleaning during a pandemic.

There was an allocated infection control lead who had established effective systems and processes for IPC. There was a good supply of personal protective equipment (PPE) and staff had received specific COVID-19 training. Staff competencies had been assessed and staff received regular updates on IPC. Staff were supported with regular discussions and recognition of their hard work. For example, staff were given hand cream and lip balm to help with the side effects of using PPE.

Regular testing for people and staff was taking place, in accordance with government guidelines.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated



Westerleigh Nursing Home Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the COVID-19 pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. We had received information of concern about infection control and prevention measures at another home owned by the same provider as this service. This was a targeted inspection looking at the infection control and prevention measures the provider has in place.

This inspection took place on 2 July 2021 and was announced.

Is the service safe?

Our findings

S5 How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.

• We were assured the provider was facilitating visits for people living in the home in accordance with the current guidance.