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Loughton Dental Spa

Inspection report

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Overall summary

We undertook a follow up desk-based review of Loughton Dental Spa on 9 August 2022. This review was carried out to review in detail the actions taken by the registered provider to improve the quality of care and to confirm that the practice was now meeting legal requirements.

The review was undertaken by a CQC inspector who had access to a specialist dental adviser.

We undertook a comprehensive inspection of Loughton Dental Spa on 8 October 2021 under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. We found the registered provider was not providing well led care and was in breach of regulation 17 of the Health and Social Care Act 2008 (Regulated Activities) Regulations 2014. You can read our report of that inspection by selecting the 'all reports' link for Loughton Dental Spa dental practice on our website www.cqc.org.uk.

When one or more of the five questions are not met we require the service to make improvements and send us an action plan. We then inspect again after a reasonable interval, focusing on the area where improvement was required.

As part of this review we asked:

- Is it well-led?

Are services well-led?

We found this practice was providing well-led care in accordance with the relevant regulations.

The provider had made improvements in relation to the regulatory breaches we found at our inspection on 8 October 2021.

Background

Summary of findings

Loughton Dental Spa is in Essex and provides NHS and private dental care and treatment for adults and children.

The dental team includes a principal dentist, one dental nurse and a receptionist. The practice has two treatment rooms.

During the review we spoke remotely with the principal dentist and the dental nurse. We looked at practice policies and procedures and reviewed records the practice had sent to us about how the service is managed.

The practice is open:

Monday to Fridays 9am to 5pm (they close for lunch during 1am to 2pm)

Summary of findings

The five questions we ask about services and what we found

We asked the following question(s).

Are services well-led?

No action



Are services well-led?

Our findings

We found that this practice was providing well-led care and was complying with the relevant regulations.

At the review on 9 August 2022 we found the practice had made the following improvements to comply with the regulation:

- Improvements had been made to the practice infection prevention and control procedures. There were systems to ensure that decontamination and storage of dental instruments were in accordance with the relevant legislation and guidelines. Checks were carried out to ensure that sterilising equipment was tested daily.
- Clinical waste was now segregated and stored securely in accordance with the relevant legislation and guidelines.
- Improvements had been made to the practice recruitment procedures to ensure that checks including Disclosure and Barring Service records were available for all staff. All staff undertook a period of induction when they started work at the practice.
- Improvements had been made to the arrangements for mitigating the risk of fire at the practice. There were systems to check and test fire safety equipment and to carry out fire evacuation drills.
- Important information such as practice policies and risk assessment documents were accessible to staff, reviewed and updated so that they reflected current legislation and guidelines.

The provider had also made further improvements:

- There were arrangements for the secure storage of NHS prescriptions and systems in place to monitor their use.
- There were arrangements to monitor stocks of dental material to ensure expired materials were disposed of and stocks replenished.