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# Brooklands House Rest Home

## Inspection report

3 Woodville Terrace  
Lytham St Annes  
Lancashire  
FY8 5QB

Date of inspection visit:  
15 February 2022

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24 February 2022

## Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

**Inspected but not rated**

# Summary of findings

## Overall summary

Brooklands House Rest Home is a large detached residential home situated in an area of Lytham St Annes overlooking parkland. At the time of our inspection visit, there were 27 people living at Brooklands House they are registered for 29 people. The home is situated on three floors accessed by a passenger lift and stairs. There are a range of aids and adaptations in place to meet the needs of people who lived there

We found the following examples of good practice.

The provider had dedicated staff to ensure people were admitted safely and continued to be supported in the service in accordance with national guidance. Infection prevention and control (IPC) policies and procedures were kept under review. We found safe processes were in place and appropriate action had been taken. The local commissioner's IPC team was providing advice and support when required.

Social media systems such as mobile phones and computer systems were used to facilitate contact between people and their relatives. One person said, "The staff are great and make sure visits are done and encourage us to keep in touch with relatives and friends." The registered manager was facilitating safe visiting in line with government guidance. The provider was facilitating safe visiting in line with government guidance. Indoor visiting was suspended during the COVID-19 outbreak other than in exceptional circumstances; essential care givers were able to continue to visit indoors

During our visit we observed the staff using Personal Protective Equipment, (PPE) safely. The registered manager told us sufficient stocks of PPE were available and we confirmed this on the visit. A staff member said, "No shortage of PPE here from the start."

People living at Brooklands House and staff were tested regularly for COVID-19. There were no staff employed who had not been vaccinated.

The home was clean and hygienic. Cleaning schedules were in place and PPE stations placed around the home. There were designated domestic staff and cleaning schedules were followed. The registered manager carried out regular checks of the environment and cleanliness and any issues were being acted on. Comments about the cleanliness of the building were positive and they included from people, "Lovely clean home."

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

Further information is in the detailed findings below.

**Inspected but not rated**

# Brooklands House Rest Home

## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the COVID-19 pandemic we are looking at how services manage infection control and visiting arrangements. This was a targeted inspection looking at the infection prevention and control measures the provider had in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 15 February 2022 and was announced. We gave the service 24 hours' notice of the inspection.

# Is the service safe?

## Our findings

### Staffing

- The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures

### How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.

### Visiting in care homes

- The provider was facilitating safe visiting in line with government guidance. Indoor visiting was suspended during the COVID-19 outbreak other than in exceptional circumstances; essential care givers were able to continue to visit indoors.

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.

- The Government has announced its intention to change the legal requirement for vaccination in care homes, but the service was meeting the current requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.

