

Dimensions (UK) Limited

Dimensions 4 Matlock Close

Inspection report

4 Matlock Close
Barnet
Hertfordshire
EN5 2RS

Tel: 02084499055

Website: www.dimensions-uk.org

Date of inspection visit:
21 January 2022

Date of publication:
16 February 2022

Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Dimensions 4 Matlock Close is a 'care home'. People in care homes receive accommodation and nursing or personal care as single package under one contractual agreement. The Care Quality Commission (CQC) regulates both the premises and the care provided, and both were looked at during this inspection.

The home can accommodate up to eight people in a large, purpose built bungalow. At the time of our inspection eight people were using the service. The people living at the home had learning disabilities and a range of other needs such as autism, physical impairments and complex health needs.

We found the following examples of good practice.

The service had implemented effective infection prevention and control measures to ensure people, their relatives and staff were protected from infections.

Relatives were able to visit their loved ones safely and had access to appropriate Personal Protective Equipment (PPE) and rapid testing on-site if they were unable to do their own tests.

Premises which were cleaned and disinfected daily were also well ventilated and spacious. People were socially distanced and had their health monitored routinely by the staff.

Staff were provided with appropriate training, PPE and had access to COVID-19 testing in line with national guidelines. The registered manager sought advice from relevant authorities when needed. Infection prevention and control policies were up to date.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

Dimensions 4 Matlock Close

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of COVID-19, we are conducting reviews to ensure that the Infection Prevention and Control (IPC) practice is safe and that services are compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 21 January 2022 and was announced. We gave the service 24 hours' notice of the inspection.

Is the service safe?

Our findings

Staffing

- The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.
- We were assured the provider was facilitating visits for people living in the home in accordance with the current guidance.

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.

- The service was meeting the requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.