

HC-One No.1 Limited

Aspen Court Care Home

Inspection report

Aspen Drive
Spondon
Derby
Derbyshire
DE21 7SG

Tel: 01332672289

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11 February 2022

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Ratings

Overall rating for this service	Inspected but not rated
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Is the service safe?	Inspected but not rated
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Summary of findings

Overall summary

Aspen Court is a 'care home'. People in care homes receive accommodation and nursing or personal care as single package under one contractual agreement. CQC regulates both the premises and the care provided, and both were looked at during this inspection.

The service accommodates up to 40 people in a large purpose-built property. At the time of our inspection there were 30 people using the service. The service specialises in the care of older people and those living with dementia.

We found the following examples of good practice.

When people had tested positive, they followed the most recent government guidance. People isolated in their own rooms and were supported by staff. They also had an area called an isolation hub which was situated on the first floor. This consisted of several rooms where people were admitted to directly from hospital and meant that the area was isolated to reduce the risk of cross contamination.

Staff had been trained in infection prevention and control, food hygiene and COVID-19. They had also been trained in hand washing and donning and doffing personal protective equipment. Staff had been checked as to their competency in hand washing and donning and doffing PPE. One staff member had stepped up to be an Infection Prevention and Control Champion and took the lead in ensuring that standards were maintained.

There was information for staff called 'colleague wellbeing' which covered all aspects of notable information on the virus. This included testing, uniforms, handwashing and government guidance. It also contained information on how staff could obtain further support.

Staff who were more vulnerable were not asked to support people who were infected in an outbreak. The service had adopted green teams and red teams. This determined that the red team worked with people who had COVID-19. Vulnerable staff had been kept on the green team to protect them. Where people were more vulnerable, they had requested the advice of a medical professional.

There was a risk assessment for new and expectant mothers regarding COVID-19 and a return to work specifically for those recovering from the virus.

Areas throughout the home were assigned a Red Amber Green (RAG) rating, Red meant that it was a high risk area and people had tested positive, Green meant that people were negative and amber meant that there was a possibility that people had the virus and so staff should wear full personal protective equipment.

There was a robust infection prevention and control audit in place. If there were any areas for improvement identified, there was a clear audit trail and information on how this had been followed up.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Inspected but not rated.

Inspected but not rated

Aspen Court Care Home

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the COVID-19 pandemic we are looking at how services manage infection control and visiting arrangements. This was a targeted inspection looking at the infection prevention and control measures the provider had in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 11 February 2022 and was unannounced.

Is the service safe?

Our findings

Staffing

- The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.
- We were assured the provider was facilitating visits for people living in the home in accordance with the current guidance.

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.

- The service was meeting the requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.