

## s&ACareLimited The Beeches Residential Home

#### **Inspection report**

39-43 High Street Ixworth Bury St Edmunds Suffolk IP31 2HJ

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#### Ratings

## Overall rating for this service

Is the service safe?

10 February 2021

Date of inspection visit:

Date of publication: 16 April 2021

Inspected but not rated

**Inspected but not rated** 

## Summary of findings

#### Overall summary

The Beeches Residential Care Home provides accommodation and personal care for up to 35 people who require 24 hour support and care. Some people also have dementia and a physical impairment.

We found the following areas of good practice:

The home had purchased adequate amounts of personal protective equipment (PPE) to ensure that staff could protect themselves and people living in the home. Staff had received training from local district nurses with regard to donning and doffing PPE. Used PPE was disposed of as clinical waste.

Currently visitors were unable to visit in person so staff had set up different ways in which people could stay in touch with those who are important to them. This included by phone, tablet and window visits. People experiencing dementia were supported by staff to engage with these virtual opportunities. Staff recognised that people missed contact with their friends and relatives and had continued to deliver a full programme of activities to cheer people's mood. A visiting pod had been installed in the garden and there were plans to allow visits from family and friends once COVID-19 restrictions were lifted.

All staff undertook both PCR and lateral flow tests in order to protect the people they cared for. Where staff tested positive, they were supported to isolate at home and the appropriate authorities informed. Handovers and staff breaks had been modified to ensure that only small groups gathered at any one time. If staff did meet in one room, they remained socially distant and wore PPE.

The premises looked clean throughout and communal areas were ventilated. Cleaning schedules had been updated by the housekeeper in light of COVID-19 risks and frequent cleaning of high touch areas was undertaken by all staff, both day and night. The home had a large stock of cleaning detergents which had been checked for their efficacy in preventing the spread of COVID-19. Oversight of laundry was comprehensive and housekeeping staff demonstrated a good knowledge of the guidelines in place for washing people's clothing should someone test positive for COVID-19.

#### The five questions we ask about services and what we found

We always ask the following five questions of services.

#### Is the service safe?

Findings are recorded below.

**Inspected but not rated** 



# The Beeches Residential Home

**Detailed findings** 

## Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the coronavirus pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. This was a targeted inspection looking at the infection control and prevention measures the provider has in place.

This inspection took place on 10 February 2021 and was announced.

## Is the service safe?

## Our findings

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.