

Cedarwood House Limited

Cedarwood House

Inspection report

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04 March 2021

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Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Cedarwood House is a care home that provides accommodation and personal care for up to 20 older people. Some of whom were living with dementia.

We found the following examples of good practice.

The home was clean and tidy throughout. There was a cleaning schedule and this included regular cleaning of high touch areas. Windows were opened, where possible, to improve ventilation around the home. Staff had access to personal protective equipment (PPE) and were seen to be using and disposing of this appropriately. Staff had received specific Covid-19 training, and this included guidance for staff about how to put on and take off PPE safely. Regular testing for people and staff was taking place.

When people had tested positive for Covid-19, were unwell or self-isolating they were cared for in their own rooms to minimise the risk of spreading the virus. Before people were admitted to the home, they were required to have a negative Covid-19 test and remain in their rooms for 14 days on arrival. At the time of the inspection the isolation period had passed and people were able to move around the home freely. Furniture had been positioned to help people maintain social distancing.

People were supported to maintain regular contact with their friends and families. This was through phone and video calls and window visits. The provider was currently reviewing their visiting policy to reflect the latest government guidance of one named visitor. There was also a 'pod' being built which would allow people to meet safely with friends and family. The registered manager maintained regular contact with people's families to inform them of their loved ones welfare and update them about visiting procedures.

The registered manager acknowledged the impact Covid-19 had on people and staff and was aware it would take time for them to fully recover. Support was in place to help them through this difficult time. A small memorial service had taken place to support people through the loss of their friends.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

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Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of coronavirus, we are conducting reviews to ensure that the Infection Prevention and Control practice was safe and the service was compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place.

This inspection took place on 5 March 2021 and was announced.

Is the service safe?

Our findings

S5 How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.