

Mrs Marina Stack

Rowallan House

Inspection report

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Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Rowallan House is a care home registered to accommodate and support up to 41 elderly people. At the time of the inspection, 25 people were living at the home. The service is a two-floor building. Each floor has separate adapted facilities.

We found the following examples of good practice.

- The provider had appropriate arrangements for visiting to help prevent the spread of Covid-19. All visitors were required to arrange an appointment on specific days to visit and declare if they had any symptoms of Covid-19. Visitors were screened for symptoms of acute respiratory infection before being allowed to enter the home and were required to wear Personal Protective Equipment (PPE) when visiting. Visits were staggered and restricted to 30 minutes and these areas were cleaned between visits. A telecom room was also created with a window for visits by family members.
- The provider had appropriate arrangements to test people and staff for Covid-19 and was following government guidance on testing.
- The provider ensured that staff received appropriate training and support to manage Covid-19. All staff had received training on Covid-19, infection control and the use of PPE. Systems were in place to support staff if they became unwell and when they returned to work. Incentives were given to staff to minimise use of public transport.
- Adequate supply of PPE was in place and systems were in place to ensure there was not a shortfall of PPE. We observed staff wearing PPE and people were supported to maintain social distancing. People's temperature was taken twice daily to check they had not developed symptoms. Systems were in place to ensure people were safe if their temperature went above recommended levels.
- Systems were in place should people display symptoms or test positive for Covid-19, which included isolating in their rooms. Designated areas had been put in place for people to use if they showed symptoms or tested positive for Covid-19 should they not want to isolate in their rooms.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

We were assured the service were following safe infection prevention and control procedures to keep people safe.

Inspected but not rated

Rowallan House

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

This was a targeted inspection looking at the infection control and prevention measures the provider has in place. As part of CQC's response to the coronavirus pandemic we are conducting a thematic review of infection control and prevention measures in care homes.

This inspection took place on 19 August 2020 and was announced. The service was selected to take part in this thematic review which is seeking to identify examples of good practice in infection prevention and control.

Is the service safe?

Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.