

Really Flexible Care Ltd

Woodland House

Inspection report

Woodend Wood End, Tingrith Milton Keynes Buckinghamshire MK17 9ER

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Date of inspection visit: 28 January 2022

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Overall rating for this service	Inspected but not rated
Is the service safe?	Inspected but not rated

Summary of findings

Overall summary

Woodlands House is a residential service registered to provide accommodation and nursing or personal care to up to three people, who have a learning disability and associated needs. At the time of our inspection the home was fully occupied.

We found the following examples of good practice.

- Staff enabled people to lead an active social life and where it involved going out, they ensured people's safety by following appropriate COVID-19 testing regime.
- Staff had access to plentiful supplies of personal protective equipment (PPE), and all had received training in its use.
- The home was clean and fresh and daily schedules were in place to ensure hygiene and cleanliness levels were maintained by staff.
- The provider ensured they followed appropriate procedures where people needed to self-isolate. This was to ensure both, the safety of people living at the service and their wellbeing.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?	Inspected but not rated
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Further information is in the detailed findings below.



Woodland House

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the COVID-19 pandemic we are looking at how services manage infection control and visiting arrangements. This was a targeted inspection looking at the infection prevention and control measures the provider had in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 28 January 2022 and was announced. We gave the service two days' notice of the inspection.

Is the service safe?

Our findings

Staffing

• The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures.

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.

Visiting in care homes

There was a procedure in place which followed government guidance and ensured safety of people living at the service was not compromised by any visitors. Where people chose to visit their family members outside the home the provider ensured COVID-19 testing took place both before and after their visit.

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.

• The service was meeting the requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.