

Sanctuary Care Limited

Garside House Nursing Home

Inspection report

131-151 Regency Street
London
SW1P 4AH

Tel: 02038265520

Website: www.sanctuary-care.co.uk/care-homes-london/garside-house-nursing-home

Date of inspection visit:
10 February 2021

Date of publication:
10 March 2021

Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Garside House Nursing Home is a residential care home that provides personal and nursing care for up to 40 people on three separate floors. At the time of the inspection 10 people were living at the service, including older people and people living with dementia.

We found the following examples of good practice.

The risks associated with Covid-19 were considered and plans were in place to mitigate these risks. At the entrance to the home there was clear guidance in place requesting staff and visitors to adhere to government guidance with respect to personal protective equipment PPE.

The provider was completing weekly audits of PPE to ensure there were appropriate levels of stock. We observed staff wearing PPE in line with best practice. Staff had access to face masks and face shields, this allowed people to see staffs' faces which enhanced communication.

At the time of our inspection, routine visiting had been suspended to reduce the risk of the spread of COVID-19. However, relatives received regular feedback from the provider through a monthly newsletter and weekly email updates. Staff supported people to communicate with relatives through video conferencing or by telephone.

The provider was currently admitting two people a week and new admissions were supported in line with best practice guidance. People moving into the service were expected to provide a recent negative COVID-19 test result, and they were further tested by the service in line with government guidelines. People were also expected to isolate upon arrival to minimise the risk of potential infection to existing people.

The provider had a dedicated lead for coordinating testing. Staff and people were routinely tested for COVID-19. Staff had access to rapid response lateral flow tests (LFD) as well as standard Polymerase Chain Reaction (PCR) tests. There was one team responsible for coordinating testing in the home.

Staff had received training on infection control and COVID-19, and they understood the signs and symptoms that might indicate ill health which would require medical attention. The layout of the building allowed for clear zoning if someone needed to self-isolate in their own room if they received a positive test result.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Inspected but not rated

Further information is in the detailed findings below.

Garside House Nursing Home

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of coronavirus, we are conducting reviews to ensure that the Infection Prevention and Control practice was safe and the service was compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place.

The inspection took place on 10 February 2021 and was unannounced.

Is the service safe?

Our findings

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.