

Richmond Fellowship (The) Meridan House

Inspection report

1 Stonecrop Close
Colindale Avenue
London
NW9 5RG

Tel: 02082054048

Website: www.richmondfellowship.org.uk

Date of inspection visit:
13 January 2022

Date of publication:
28 January 2022

Ratings

Overall rating for this service	Inspected but not rated
---------------------------------	-------------------------

Is the service safe?	Inspected but not rated
----------------------	--------------------------------

Summary of findings

Overall summary

Meridan House is a purpose-built care home in a complex of supported housing services for people with mental health needs. The service provides an intense service to prepare people for independence to move on to their step-down services nearby to help develop their life skills further. This would eventually lead to people moving on to their own independent accommodation in the future. All rooms are single occupancy and have en-suite facilities. Meridan House is registered to accommodate a maximum of 12 people. On the day of this inspection there were five people using the service.

We found the following examples of good practice.

The home had responded to people's choices and individual needs during the pandemic, to help them carry out activities outside the home safely. For example, they had provided people with information and training about the pandemic and had provided support packages of sanitiser and masks.

When the provider admitted people to the home, they recognised and responded to people's individual needs whilst ensuring they followed the proper government guidelines.

The provider was following the current Government National Guidance regarding care home visiting. People had three named visitors and an essential care giver. Information was available for visitors to follow. Visitors were supported to test for COVID 19 prior to entering the home and instructed how to use PPE.

The provider had adapted the home entrances to accommodate PPE and testing stations for people living at the home and their visitors to use before entering.

The home had alternative methods to support social contact for visitors who were not named. For example, video calling.

The home had sufficient supplies of personal protective equipment (PPE). There were PPE stations available throughout the premises. Staff had received training in infection prevention and control and how to don and doff PPE.

The provider had a system in place to ensure staff had the necessary vaccinations and had completed the necessary COVID 19 testing prior to working in the home.

The layout of the service and communal areas supported social distancing. The premises looked clean and hygienic throughout. There were cleaning schedules in place and adequate ventilation.

The staff were aware of who to contact should they have a outbreak of COVID 19 and the protocols to follow.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

Meridan House

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the COVID-19 pandemic we are looking at how services manage infection control and visiting arrangements. This was a targeted inspection looking at the infection prevention and control measures the provider had in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 13 January 2022. We gave the service approximately 24 hours' notice of the inspection.

Is the service safe?

Our findings

Staffing

- The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures

How well are people protected by the prevention and control of infection?

- We were assured the provider was preventing visitors from catching and spreading infections.
- We were assured the provider was meeting shielding and social distancing rules.
- We were assured the provider was using PPE effectively and safely.
- We were assured the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured the provider's infection prevention and control policy was up to date.
- We were assured the provider was facilitating visits for people living in the home in accordance with the current guidance.

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.

- The service was meeting the requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.