

# Mrs Aunjali Johar & Mr Navneet Singh Johar

## Aarandale Lodge

### Inspection report

2-4 St Vincent's Road  
Westcliff On Sea  
Essex  
SS0 7PR

Tel: 01702352096

Date of inspection visit:  
20 January 2021

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17 February 2021

### Ratings

Overall rating for this service	Inspected but not rated
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Is the service safe?	Inspected but not rated
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# Summary of findings

## Overall summary

Aarandale Lodge is registered to provide accommodation and personal care for up to 20 people. The service does not provide nursing care. At the time of our inspection there were 15 people using the service.

We found the following examples of good practice.

- The registered manager was following the government's guidance on whole home testing for people and staff.
- People's well-being was supported by video and telephone calls to relatives. While the service was currently closed to visitors, garden visits had been supported when the weather permitted and an internal pod had been built within the service and this allowed people to see their relatives.
- Arrangements were in place for relatives to visit family members who were judged to be at the end of their life. Suitable measures were in place such as temperature checks, Personal Protective Equipment [PPE], rapid testing and separate entrances to the building to keep infection risks to a minimum.
- Staff had received training on infection prevention and the correct use of Personal Protective Equipment (PPE).
- Appropriate infection prevention control practices were observed, such as the wearing of masks, gloves, aprons and also included good hygiene practices.
- Cleaning schedules were in place and the environment was visibly clean.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

Further information is in the detailed findings below.

**Inspected but not rated**

# Aarandale Lodge

## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of coronavirus, we are conducting reviews to ensure that the Infection Prevention and Control practice was safe and the service was compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place.

This inspection took place on 20 January 2021 and was unannounced.

# Is the service safe?

## Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.
- We were somewhat assured that the provider was meeting shielding and social distancing rules. Although there were two communal lounge areas available for people using the service to access, people were reluctant to utilise both spaces. This limited the provider's ability to enable and maintain social distancing. Consideration had not been given to support people to social distance during mealtimes.

We have also signposted the provider to resources to develop their approach.