

#### Your Health Limited

# Langwith Lodge Care Home

#### **Inspection report**

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Date of inspection visit: 23 December 2020

Date of publication: 22 January 2021

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# Overall rating for this service Inspected but not rated Is the service safe? Inspected but not rated

## Summary of findings

#### Overall summary

Langwith Lodge is a residential care home providing personal and nursing care to 41 people aged 65 and over at the time of the inspection. The service can support up to 54 people.

We found the following examples of good practice.

There was a restriction on visiting the service at the time of the inspection. There were procedures in place for visitors to the service, including healthcare professionals and relatives to reduce and prevent the spread of infection.

The provider ensured people maintained contact with relatives by staff supporting them with telephone calls and video calls. The registered manager told us they had accommodated garden visits during the summer. They were reviewing visits for the winter in line with current guidance for accepting visitors. A purpose-built visiting pod was in place to accommodate these visits. This was bookable by appointments to reduce the risk of spreading COVID-19.

There was a clear regular programme for staff and people living in the home to be tested for COVID-19. This meant swift action could be taken if or when positive tests were received.

Staff followed procedures for putting on and removing personal protective equipment (PPE) and disposed of it safely, in line with the government guidelines. All staff wore appropriate PPE, which was in good supply. Posters and information about COVID-19 and washing hands were displayed throughout the service. The provider was working with Public Health England and felt fully supported by the local authority to ensure the service had appropriate infection control measures in place.

Robust risk assessments and contingency plans were in place and used when staff or people had tested positive or had to self-isolate. There were arrangements in place to deploy staff across the service to reduce the risk of cross infection. Agency staff were used to cover shortfalls in staffing, due to staff testing positive for COVID-19.

Handover meetings were completed in line with safe distancing guidelines.

A generic risk assessment was in place for people in high risk groups. The registered manager shared examples of what impact this would have for people. They had also completed wellbeing assessments for all staff and assured us that adjustments to staff working practices would be put in place as and when required to keep them safe. Staff who were noted at higher risk of the infection were shielding at this time.

People using the service had tested positive and had isolated in their own rooms. Arrangements were in place to reduce the spread of infection. Peoples individual needs were considered to ensure everyone was kept safe.

The home was very clean and the provider had a refurbishment programme in place. Housekeeping staff had increased the cleaning regime. The cleaning schedules had been consistently completed for the weekly and monthly tasks around the home environment. Deep cleaning had been implemented and increased as people came out of isolation to reduce the risk of spreading infection.

#### The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?	<b>Inspected but not rated</b>
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Further information is in the detailed findings below.



# Langwith Lodge Care Home

**Detailed findings** 

#### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of coronavirus, we are conducting reviews to ensure that the Infection Prevention and Control practice was safe, and the service was compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place.

This inspection took place on 23 December 2020 and was announced.

#### **Inspected but not rated**

## Is the service safe?

### Our findings

S5 How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed for individuals at risk.
- We were assured that the provider's infection prevention and control policy was up to date.