

Sanctuary Care Limited

Asra House Residential Care Home

Inspection report

15 Asha Margh Holden Street Leicester Leicestershire LE4 5LE Date of inspection visit: 02 February 2022

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Ratings

Overall rating for this service Inspected but not rated Is the service safe? Inspected but not rated

Summary of findings

Overall summary

Asra House Residential Care Home provides accommodation and personal care for up to 42 older people, including people living with dementia. At the time of our inspection, there were 42 people using the service

We found the following examples of good practice.

Visiting procedures were robust to reduce the risk of COVID-19. All visitors were required to show a negative COVID-19 test, their temperature was taken, and a COVID-19 risk assessment was completed before they entered the service. Professional visitors were also required to show their COVID-19 vaccination passport.

Personal protective equipment (PPE) was worn by all visitors and staff. Specific rooms were used to put on and take off PPE safely. Staff were seen to wear PPE following best practice guidance,

People had been supported to maintain contact with friends and family during the pandemic. This was via window visits, telephone calls, face time calls and face to face visits in line with government guidance.

The service was clean and hygienic and infection prevention and control, best practice guidance was maintained. This included regular cleaning of high touch areas.

Staff had received training in infection prevention and control best practice guidance and their ongoing competency and compliance was assessed. Information and ongoing government guidance in the management of COVID-19 was shared with staff.

Staff participated in the testing and vaccination programme. They had access to ongoing support and to an employee wellbeing service.

People had been supported to participate in the COVID-19 testing and vaccination programme. People's individual risks in relation to COVID-19 had been assessed. COVID-19 care plans had been developed that provided staff with guidance about people's care and support needs.

People and their relatives received regular newsletters and contact. This kept them informed of COVID-19 government guidance and the provider's internal procedures. Information was provided in alterative formats including different languages.

Isolation, cohorting and zoning was used to manage the spread of infection. This meant people self-isolated in their bedrooms rooms where necessary. The registered manager confirmed COVID-19 had not had a negative impact on staffing.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?	Inspected but not rated
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Further information is in the detailed findings below.



Asra House Residential Care Home

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the COVID-19 pandemic we are looking at how services manage infection control and visiting arrangements. This was a targeted inspection looking at the infection prevention and control measures the provider had in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 2 February 2022 and was announced. We gave the service 24 hours' notice of the inspection.

Is the service safe?

Our findings

Staffing

• The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures.

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.
- The provider was facilitating visits for people living in the home in accordance with the current guidance

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.

• The service was meeting the requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.