

## Fitzwilliam Healthcare Limited

# Fitzwilliam House Care Home

### **Inspection report**

Rooks Street Cottenham Cambridge Cambridgeshire CB24 8QZ

Tel: 01954273310

Date of inspection visit: 10 February 2021

Date of publication: 05 March 2021

#### Ratings

Overall rating for this service	Inspected but not rated
Is the service safe?	Inspected but not rated

# Summary of findings

#### Overall summary

Fitzwilliam House Care Home is a two-storey care home that provides personal care to for up to 40 older people, some of whom were living with dementia. Each floor is a self-contained unit, with bedrooms, lounge and dining areas, a kitchenette and bathrooms. There were 25 people living there when we visited.

We found the following examples of good practice.

The service was only receiving essential visitors at the time of our inspection. Any person entering the building had their temperature taken and wore full personal protective equipment (PPE) including a face visor.

People were supported by staff in full PPE, whether that person was COVID-19 positive or negative. This is called barrier nursing. This is to protect both staff and people living in the service from spreading infection.

The registered manager told us that they had changed systems within the service to reduce the spread of infection. Staff entered through a back entrance immediately into a staff changing area where they changed into clean uniform and PPE.

Staff worked in set groups in units known as 'cohorting' and did not mix between the units they were allocated to. This approach also applied to domestic staff. Kitchen staff entered the kitchen through a separate entrance and did not mix with other staff.

The building was clean and free from clutter. During our inspection we observed staff cleaning communal areas. The registered manager told us that frequently touched areas were cleaned more often.

All staff had received training in the use of PPE, and how to put it on, take it off and dispose of it safely. The registered manager had organised role play sessions at the beginning of the COVID-19 pandemic to give staff the opportunity to practice what they had learnt.

The registered manager and provider ensured staff had regular well-being, monitoring and support meetings. The provider was arranging counselling to be offered to staff in recognition of how the current COVID-19 pandemic may have affected staff's well-being.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?	<b>Inspected but not rated</b>
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Further information is in the detailed findings below.



# Fitzwilliam House Care Home

**Detailed findings** 

# Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of coronavirus, we are conducting reviews to ensure that the Infection Prevention and Control practice was safe and the service was compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place.

This inspection took place on 10 February and was unannounced.

## Is the service safe?

# Our findings

S5 How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.