

Cumbria County Council

Lapstone House

Inspection report

Lapstone Road
Millom
Cumbria
LA18 4BY

Tel: 01229894114

Date of inspection visit:
09 March 2021

Date of publication:
22 March 2021

Ratings

Overall rating for this service	Inspected but not rated
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Is the service safe?	Inspected but not rated
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Summary of findings

Overall summary

Lapstone House is a residential care home in the Cumbrian town of Millom and is within walking distance of the local amenities. The home provides accommodation and personal care and support for up to 25 older adults, some of whom may be living with dementia. The home has three separate units, each of which have separate adapted facilities. At the time of our visit there were 11 people using the service.

We found the following examples of good practice.

Staff had received training in infection prevention and control and on using Personal Protective Equipment (PPE) safely. Staff had their infection prevention and control practices monitored to help ensure their competence and understanding. The provider had ensured sufficient quantities of PPE were available for all staff and visitors.

The staff and domestic team kept the home clean, uncluttered and hygienic. Audits were done on the environment and cleanliness. Frequently touched surfaces were cleaned regularly throughout the day to reduce the risk of infection.

The registered manager ensured clear information about maintaining social distancing and hygiene was prominently displayed to guide staff and visitors. Staff had staggered their breaks and rearranged communal areas in the home to support social distancing. The registered manager followed best practice around safe admissions when people moved into the home.

The registered manager had followed government guidance about visiting. People had been supported to stay in touch with relatives and families had been supported to spend time with people at the end of their lives in a safe manner.

Consent for testing and vaccination had been obtained from people, with appropriate support from their representatives, families and medical professionals if needed. The registered manager had arranged for regular COVID-19 testing for staff and people who lived in the home.

The manager reviewed staffing arrangements regularly to make sure people's personal and recreational needs could be met. Staff were allocated to consistently work in specific areas of the home to reduce the risk of transmission of infection.

The provider had robust contingency plans in place to ensure the safety of the service during the pandemic.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Inspected but not rated

Further information is in the detailed findings below.

Lapstone House

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the coronavirus pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. This was a targeted inspection looking at the infection control and prevention measures the provider has in place.

This inspection took place on 9 March 2021 and was announced shortly beforehand.

Is the service safe?

Our findings

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.