

Sundial Lodge Limited

# Sundial Lodge Care Home

## Inspection report

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Date of inspection visit:  
24 February 2021

Date of publication:  
29 April 2021

## Ratings

Overall rating for this service	Inspected but not rated
Is the service safe?	Inspected but not rated

# Summary of findings

## Overall summary

Sundial Lodge is registered to provide accommodation and personal care for up to 48 older people. Accommodation is provided in flats which have their own bedroom, lounge and kitchen area. On the day of the inspection there were 44 people living at the service.

We found the following examples of good practice:

When visits were able to be carried out, all visitors had their temperature checked on arrival, a lateral flow test was also carried out. Visitors were requested to use hand sanitiser. All visits were pre-booked and the care home had a visiting 'pod' with appropriate screening in place. There was clear signage in place and visiting procedures had been shared with family and friends. Residents were also supported to contact friends and family by use of social media and electronic devices.

All residents lived in self contained apartments, which had a small kitchen and washing facilities. The care home was working with Public Health England on how to zone areas if there was an outbreak of COVID-19. Furniture had been rearranged in communal areas to promote social distancing, but the residents did not like this. The care home carried out a risk assessment and the furniture had been arranged in line with residents' wishes. There were garden spaces that could be used.

Areas had been set aside for staff to put on and remove personal protective equipment (PPE) safely and clear signage was in place. All staff had received training on infection control processes, which included specific COVID-19 training. Hand hygiene audits and infection control audits were regularly carried out and recorded. The care home ensured that any actions identified from these audits were actioned to maintain safety.

If the home admitted new residents then they would make sure that a negative COVID-19 test had been received and they had enough information to meet the resident's needs. New admissions were isolated in accordance with current guidance,

Staff who worked in the care home were tested in line with current guidance. There were no staff who were deemed to be in a risk group. The manager was aware of the need to carry out risk assessments for staff in risk groups if needed. Arrangements were in place to make sure staff isolated if they became symptomatic, which included isolation at home until they had received a COVID-19 test and its result. All staff participated in the testing regime, and if able had received a vaccine dependant on their personal health needs. If bank staff were used, they received COVID-19 testing on the same basis as permanent staff. At the time of this visit none of the staff worked in any other health and social care settings.

The care home knew where to access appropriate support and guidance and there was a business continuity and pandemic action plan in place, which were routinely reviewed.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### Is the service safe?

**Inspected but not rated**

Inspected but not rated

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## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the coronavirus pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. This was a targeted inspection looking at the infection control and prevention measures the provider has in place.

This inspection took place on 24 February 2021 and was announced.

# Is the service safe?

## Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.