

Sunrise Senior Living Limited

# Sunrise of Sonning

## Inspection report

Old Bath Road  
Sonning  
Reading  
Berkshire  
RG4 6TQ

Tel: 01189444300

Website: [www.sunrise-care.co.uk](http://www.sunrise-care.co.uk)

Date of inspection visit:  
03 March 2021

Date of publication:  
25 March 2021

## Ratings

Overall rating for this service	Inspected but not rated
Is the service safe?	Inspected but not rated

# Summary of findings

## Overall summary

This service is run by two companies, Sunrise Senior Living Limited and Sunrise UK Operations Limited. These two companies have a dual registration and are jointly responsible for the services at Sunrise of Sonning. Sunrise of Sonning is a care home with nursing. The service provides nursing and personal care for up to 103 older people, some of whom are living with dementia. At the time of our inspection the service was providing care and support to 67 people. The accommodation is arranged over three floors.

We found the following examples of good practice

The service ensured that visitors to the home were carefully screened so that they did not present a risk to people in the home. Visitors were asked to undertake a Rapid Lateral Flow test and were required to wait for the results before entering the building. Their temperatures were also checked at the door. Personal protective equipment (PPE) including face masks and aprons were provided for visitors before entering the home.

Staff had undertaken training in putting on and taking off PPE, hand hygiene and other Covid-19 related training. Additional cleaning of all areas and frequent touch surfaces was being carried out. Information was displayed throughout the home to remind staff what PPE they needed to use and to wash their hands.

Social distancing was observed. This was aimed at preventing and controlling the spread of infection. The provider continuously passed on important information about Covid-19 to staff. Staff had a good understanding of infection prevention and control measures.

Staff supported people's emotional and social wellbeing. Activities had been planned within the home to positively support people through a period of extreme change to their routines.

Infection control audits and checks were carried out. The registered manager spoke positively about the commitment and dedication staff had shown, which had helped to minimise the impact of the pandemic on people's health and wellbeing.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

Further information is in the detailed findings below.

**Inspected but not rated**

# Sunrise of Sonning

## **Detailed findings**

## Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the coronavirus pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. This was a targeted inspection looking at the infection control and prevention measures the provider has in place.

This inspection took place on 3 March 2021 and was announced.

# Is the service safe?

## Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using personal protective equipment effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.