

# Cygnnet Learning Disabilities Midlands Limited

## Gables

### Inspection report

262 Ipswich Road  
Colchester  
Essex  
CO4 0ER

Tel: 01206841515  
Website: [www.cygnethealth.co.uk](http://www.cygnethealth.co.uk)

Date of inspection visit:  
09 April 2021

Date of publication:  
11 May 2021

### Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

**Inspected but not rated**

# Summary of findings

## Overall summary

Gables is a residential care home for up to seven people who have a learning disability and/or autistic spectrum disorder. On the day of our inspection, there were four people living at the service.

We found the following examples of good practice.

There were clear instructions at the entrance of the building to minimise the risk of infection. Information was displayed throughout the service providing guidance on minimising the spread of infection through regular handwashing.

Staff had received training on infection prevention and the correct use of personal protective equipment (PPE). There was a designated area for donning and doffing of PPE and there was adequate stock available.

The service was visibly clean and regular cleaning was undertaken including touchpoints such as light switches and door handles.

Policies and procedures for the effective management of Covid-19 were in place. Audits were undertaken to check on infection control practices and make any improvements necessary.

The provider was following the government guidance on whole home testing for people and staff.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

Further information is in the findings below.

**Inspected but not rated**

# Gables

## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the COVID-19 pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. This was a targeted inspection looking at the infection control and prevention measures the provider has in place.

This inspection took place on 9 April 2021 and was announced.

# Is the service safe?

## Our findings

S5 How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.