

Colten Care Limited

Newstone House

Inspection report

Station Road
Sturminster Newton
Dorset
DT10 1BD

Tel: 01258474530
Website: www.colten-care.co.uk

Date of inspection visit:
04 March 2021

Date of publication:
26 March 2021

Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Newstone House is located in the market town of Sturminster Newton in Dorset and comprises of six house groups over three floors. The service provides accommodation and nursing and personal care for up to 59 older, people, including people living with dementia. At the time of the inspection there were 54 older people living at the home.

We found the following examples of good practice.

Measures were in place to prevent the spread of infection by visitors to the service. The provider shared with us a new visitors protocol policy which was being implemented in line with the current government guidance.

Staff had received infection control training and followed up to date infection prevention and control guidance to help people stay safe. Staff used personal protective equipment (PPE) correctly and in accordance with current guidance to minimise cross infection risks to people.

There were sufficient stocks available including masks, gloves, aprons and hand sanitiser. The provider had issued staff with polo shirts which were laundered at the home. Staff were required to change into their uniforms when they arrived on duty and keep their footwear at the home to minimise the risk of cross infection. Staff breaks had been staggered to allow for social distancing to be maintained in the staff room.

Staff and people were regularly tested in line with the government's current testing programme. They supported people with social distancing and frequent handwashing to protect against Covid 19.

The home was clean and well maintained. Staff cleaned frequent touch points such as door handles and light switches every two hours. Activities equipment was cleaned after each activity.

To assure people and relatives about the measures they have in place to ensure good IPC practice at the home, the providers had produced videos which were available on their website. This included staff singing a covid-19 song reminding people about social distancing and good hand hygiene.

Infection prevention and control audits took place and spot checks were carried out. Every four weeks staff had their hand washing competency assessed, by using a light box to see how effective they had been in cleaning their hands. Staff had the opportunity to discuss IPC at every supervision and this enabled them to clarify queries and make suggestions. This ensured the registered manager and management team had effective oversight of infection control measures.

The provider had contingency plans in place in the event of any outbreak of Covid-19 or other emergency.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

Newstone House

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the coronavirus pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. This was a targeted inspection looking at the infection control and prevention measures the provider has in place.

This inspection took place on 4 March 2021 and was announced.

Is the service safe?

Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.