

# Chevin Medical Practice

### **Quality Report**

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This report describes our judgement of the quality of care at this service. It is based on a combination of what we found when we inspected, information from our ongoing monitoring of data about services and information given to us from the provider, patients, the public and other organisations.

### Ratings

Overall rating for this service	Good	
Are services safe?	Good	
Are services effective?	Good	
Are services caring?	Good	
Are services responsive to people's needs?	Good	
Are services well-led?	Good	

### Contents

Summary of this inspection	Page	
Overall summary	2	
The five questions we ask and what we found	4	
The six population groups and what we found	7 10 10	
What people who use the service say		
Areas for improvement		
Outstanding practice	10	
Detailed findings from this inspection		
Our inspection team	11	
Background to Chevin Medical Practice	11	
Why we carried out this inspection	11	
How we carried out this inspection	11	
Detailed findings	13	

### Overall summary

#### **Letter from the Chief Inspector of General Practice**

We carried out an announced comprehensive inspection at Chevin Medical Practice on 7 October 2015. Overall the practice is rated as good.

Our key findings across all the areas we inspected were as follows:

- There was an open and transparent approach to safety and an effective system in place for reporting and recording significant events.
- Risks to patients were assessed and well managed.
- Staff assessed patients' needs and delivered care in line with current evidence based guidance. Staff had the skills, knowledge and experience to deliver effective care and treatment.
- Patients said they were treated with compassion. dignity and respect and they were involved in their care and decisions about their treatment.
- Information about services and how to complain was available and easy to understand.

- Patients said they found it easy to make an appointment with a named GP and that there was continuity of care, with urgent appointments available the same day.
- The practice had good facilities and was well equipped to treat patients and meet their needs.
- The practice had successfully applied to provide Ear Nose and Throat and Dermatology services in the community.
- The practice had introduced a dedicated team to manage the 2% of patients who were vulnerable or housebound and at risk of an unplanned hospital admission.
- There was a clear leadership structure and staff felt supported by management. The practice proactively sought feedback from staff and patients, which it acted
- The provider was aware of and complied with the requirements of the Duty of Candour.

We noted two areas of outstanding practice:

• The practice had successfully applied to provide Ear Nose and Throat and Dermatology services in the community. This enabled patients to access specialist care closer to home. Clinicians from the practice visited local schools to give talks about sexual health and contraception.

The areas where the provider should make improvement are:

- Appoint a clinician to lead on IPC and carry out relevant audits, to supplement the role played by the practice manager.
- Keep a log of emergency equipment checks to provide reassurance that these have been carried out.

### **Professor Steve Field (CBE FRCP FFPH FRCGP)**

Chief Inspector of General Practice

### The five questions we ask and what we found

We always ask the following five questions of services.

#### Are services safe?

The practice is rated as good for providing safe services.

- There was an effective system in place for reporting and recording significant events
- Lessons were shared to make sure action was taken to improve safety in the practice.
- When there were unintended or unexpected safety incidents, patients received reasonable support, truthful information, a verbal and written apology. They were told about any actions taken to improve processes to prevent the same thing happening again.
- The practice had clearly defined and embedded systems, processes and practices in place to keep patients safe and safeguarded from abuse.
- The practice had incorporated links to current clinical guidance into their clinical system
- Risks to patients were assessed and well managed.

#### Are services effective?

The practice is rated as good for providing effective services.

- Data from the Quality and Outcomes Framework showed patient outcomes were comparable to both the local and national averages.
- Staff assessed needs and delivered care in line with current evidence based guidance.
- Clinical audits demonstrated quality improvement.
- Staff had the skills, knowledge and experience to deliver effective care and treatment.
- There was evidence of appraisals and personal development plans for all staff.
- Staff worked with multidisciplinary teams to understand and meet the range and complexity of patients' needs.

#### Are services caring?

The practice is rated as good for providing caring services.

- Patients said they were treated with compassion, dignity and respect and they were involved in decisions about their care and treatment.
- Information for patients about the services available was easy to understand and accessible.

Good



Good



 We saw staff treated patients with kindness and respect, and maintained patient and information confidentiality.

#### Are services responsive to people's needs?

The practice is rated as good for providing responsive services.

- Practice staff reviewed the needs of its local population and engaged with the NHS England Area Team and Clinical Commissioning Group to secure improvements to services where these were identified. For example; the practice offered a range of services such as in-house access ear nose and throat and dermatology treatments.
- The practice had introduced a dedicated multidisciplinary team (including a GP, the community nurse and healthcare assistant) to manage the care the 2% of patients who were vulnerable or housebound and at risk of an unplanned hospital admission. The practice had good facilities and was well equipped to treat patients and meet their needs.
- Information about how to complain was available and easy to understand and evidence showed the practice responded quickly to issues raised. Learning from complaints was shared with staff and other stakeholders.
- Clinicians from the practice visited local schools to give talks about contraception.

#### Are services well-led?

The practice is rated as good for being well-led.

- The practice had a clear vision and strategy to deliver high quality care and promote good outcomes for patients. Staff were clear about the vision and their responsibilities in relation to this.
- There was a clear leadership structure and staff felt supported by management. The practice had a number of policies and procedures to govern activity and held regular governance meetings.
- There was an overarching governance framework which supported the delivery of the strategy and good quality care. This included arrangements to monitor and improve quality and identify risk.
- The provider was aware of and complied with the requirements of the Duty of Candour. The partners encouraged a culture of

Good





openness and honesty. The practice had systems in place for knowing about notifiable safety incidents and ensured this information was shared with staff to ensure appropriate action

- The practice proactively sought feedback from staff and patients, which it acted on. The patient participation group was
- The practice had recently undergone a successful merger with another local practice which had brought additional skills and
- There was a strong focus on continuous learning and improvement at all levels.

### The six population groups and what we found

We always inspect the quality of care for these six population groups.

#### Older people

The practice is rated as good for the care of older people.

- The practice offered proactive, personalised care to meet the needs of the older people in its population.
- The practice was responsive to the needs of older people, and offered home visits and urgent appointments for those with enhanced needs.
- The practice provided services for three residential homes in the area.
- The practice had introduced a dedicated multidisciplinary team (including a GP, the community nurse and healthcare assistant) to manage the care the 2% of patients who were vulnerable or housebound and at risk of an unplanned hospital admission.
- The practice signposted patients to local charities and referred older patients into local services.

### People with long term conditions

The practice is rated as good for the care of people with long-term conditions.

- Nursing staff had lead roles in chronic disease management and patients at risk of hospital admission were identified as a
- The practice were participating in the Year of Care programme. An initiative which involved the nursing team attending motivational training courses to encourage patients to take ownership of their conditions and change lifestyles to improve health.
- Longer appointments and home visits were available when needed.
- All these patients had a named GP and a structured annual review to check their health and medicines needs were being met. For those patients with the most complex needs, the named GP worked with relevant health and care professionals to deliver a multidisciplinary package of care.

#### Families, children and young people

The practice is rated as good for the care of families, children and young people.

Good



Good



- There were systems in place to identify and follow up children living in disadvantaged circumstances and who were at risk, for example, children and young people who had a high number of accident and emergency (A&E) attendances. Immunisation rates were relatively high for all standard childhood immunisations.
- Patients told us that children and young people were treated in an age-appropriate way and were recognised as individuals, and we saw evidence to confirm this.
- Appointments were available outside of school hours and the premises were suitable for children and babies.
- We saw positive examples of joint working with midwives, health visitors and school nurses.
- Clinicians from the practice visited local schools to give talks about contraception.

#### Working age people (including those recently retired and students)

The practice is rated as good for the care of working-age people (including those recently retired and students).

- The needs of the working age population, those recently retired and students had been identified and the practice had adjusted the services it offered to ensure these were accessible. flexible and offered continuity of care.
- The practice offered a range of online services that included reference to health promotion and screening information that reflected the needs for this age group.
- The practice offered extended hours to ensure patients could access appointments outside working hours at times convenient to them.

#### People whose circumstances may make them vulnerable

The practice is rated as good for the care of people whose circumstances may make them vulnerable.

- The practice held a register of patients living in vulnerable circumstances including patients nearing end of life and those with a learning disability.
- The practice offered longer appointments for patients with a learning disability.
- The practice regularly worked with multi-disciplinary teams in the case management of vulnerable people.
- The practice informed vulnerable patients about how to access various support groups and voluntary organisations.

Good





- Staff knew how to recognise signs of abuse in vulnerable adults and children. Staff were aware of their responsibilities regarding information sharing, documentation of safeguarding concerns and how to contact relevant agencies in normal working hours and out of hours.
- The practice had introduced a dedicated multidisciplinary team (including a GP the community nurse and healthcare assistant) to manage the 2% of patients who were vulnerable or housebound and at risk of an unplanned hospital admission.

### People experiencing poor mental health (including people with dementia)

The practice is rated as good for the care of people experiencing poor mental health (including people with dementia).

- 76% of patients diagnosed with dementia who had had their care reviewed in a face to face meeting in the last 12 months, which is comparable to the CCG and national average.
- The practice had identified all patients at risk of dementia and a process was in place to offer these patients screening on an opportunistic basis.
- The practice regularly worked with multi-disciplinary teams in the case management of people experiencing poor mental health, including those with dementia.
- The practice carried out advance care planning for patients with dementia.
- The practice had told patients experiencing poor mental health about how to access various support groups and voluntary organisations.
- The practice had a system in place to follow up patients who had attended accident and emergency where they may have been experiencing poor mental health.
- Staff had a good understanding of how to support patients with mental health needs and dementia.



### What people who use the service say

The national GP patient survey results published on 7 January 2016. The practice was performing above local and national averages. Survey forms were distributed to 238 patients and 125 were returned. This was a response rate of 53% and less than one percent of the patient population.

- 96% found it easy to get through to this surgery by phone compared to a CCG average of 79% and a national average of 73%.
- 95% were able to get an appointment to see or speak to someone the last time they tried (CCG average 88%, national average 85%).
- 97% described the overall experience of their GP surgery as fairly good or very good (CCG average 88%, national average 85%).

• 90% said they would definitely or probably recommend their GP surgery to someone who has just moved to the local area (CCG average 82%, national average 78%).

As part of our inspection we also asked for CQC comment cards to be completed by patients prior to our inspection. We received 37 comment cards which were all positive about the standard of care received. Patients were very positive about the care they had received. A small number of people commented on the appointment system and the length of time they had to wait for an appointment.

We spoke with five patients during the inspection. All five patients said they were happy with the care they received and thought staff were approachable, committed and caring.

### Areas for improvement

#### **Action the service SHOULD take to improve**

- Appoint a clinician to lead on IPC and carry out relevant audits, to supplement the role played by the practice manager.
- Keep a log of emergency equipment checks to provide reassurance that these have been carried out.

### **Outstanding practice**

- The practice had successfully applied to provide Ear Nose and Throat and Dermatology services in the community. This enabled patients to access specialist care closer to home.
- Clinicians from the practice visited local schools to give talks about sexual health and contraception.



# Chevin Medical Practice

**Detailed findings** 

### Our inspection team

#### Our inspection team was led by:

Our inspection team was led by a CQC Lead Inspector. The team included a GP specialist adviser, a practice nurse specialist adviser, a practice manager specialist adviser and a representative from the Department of Health.

# Background to Chevin Medical Practice

Chevin Medical Practice operates from an older style building in Otley town centre. The practice also has two purpose built branch sites, one of which is also located in Otley, the other in Bramhope. We visited all three sites as part of our inspection.

Services are provided under a general medical services contract. This is the contract held between the practice and NHS Commissioners.

The practice serves a population of approximately 18500 patients and the service is provided by eight GP partners (four male and four female). The partners are supported by seven salaried GPs (six female and one male), six practice nurses and four health care assistants. The clinical staff are supported by an experienced team of administration staff, including a dedicated prescribing team.

Patients can access a number of clinics for example; minor surgery, asthma and diabetes and the practice offers services such as dermatology, childhood vaccinations and Ear Nose and Throat clinics.

All three sites are open between 8am and 6pm Monday to Friday. Chevin Medical Practice also provides extended hours from 7am to 8am and 6pm to 8pm on Mondays.

When the practice is closed out-of-hours services are provided by Local Care Direct, which can be accessed via the surgery telephone number or by calling the NHS 111 service.

# Why we carried out this inspection

We inspected this service as part of our new comprehensive inspection programme.

We carried out a comprehensive inspection of this service under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. The inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008, to look at the overall quality of the service, and to provide a rating for the service under the Care Act 2014.

# How we carried out this inspection

Before visiting, we reviewed a range of information that we hold about the practice and asked other organisations, such as NHS England and Leeds South and East CCG, to share what they knew about the practice. We reviewed the latest 2014/15 data from the Quality and Outcomes Framework (QOF) and the latest national GP patient survey results (July 2015). We also reviewed policies, procedures and other relevant information the practice provided before and during the day of inspection.

### **Detailed findings**

- Spoke with a range of staff, which included three GPs, a practice nurse, a healthcare assistant, the practice manager, a prescribing clerk and a member of the administrative/reception team.
- Spoke with patients who were positive about the practice.
- Reviewed comment cards where patients and members of the public shared their views. All comments received were positive about the staff and the service they received.
- Observed in the reception area how patients/carers/ family members were being treated and communicated with
- Looked at templates and information the practice used to deliver patient care and treatment plans.

To get to the heart of patients' experiences of care and treatment, we always ask the following five questions:

- Is it safe?
- Is it effective?
- Is it caring?

- Is it responsive to people's needs?
- Is it well-led?

We also looked at how well services were provided for specific groups of people and what good care looked like for them. The population groups are:

- Older people
- People with long-term conditions
- Families, children and young people
- Working age people (including those recently retired and students)
- People whose circumstances may make them vulnerable
- People experiencing poor mental health (including people with dementia)

Please note that when referring to information throughout this report, for example any reference to the Quality and Outcomes Framework data, this relates to the most recent information available to the COC at that time.



### Are services safe?

### **Our findings**

#### Safe track record and learning

There was an effective system in place for reporting and recording significant events.

- Staff told us they would inform the practice manager or duty doctor of any incidents and there was an electronic recording system available within the practice.
- The practice carried out a thorough analysis of the significant events.

We reviewed safety records, incident reports national patient safety alerts and minutes of meetings where these were discussed. Lessons were shared to make sure action was taken to improve safety in the practice. For example, one incident referred to a GP having two patient records open at the same time (mother and daughter). Medication was prescribed on the daughters notes in error. As a result of this all clinicians were advised to only have one patients note open at a time.

When there were unintended or unexpected safety incidents, we were informed patients received reasonable support, truthful information, a verbal and written apology and were told about any actions to improve processes to prevent the same thing happening again.

#### Overview of safety systems and processes

The practice had clearly defined and embedded systems, processes and practices in place to keep patients safe and safeguarded from abuse, which included:

- Arrangements were in place to safeguard children and vulnerable adults from abuse that reflected relevant legislation and local requirements and policies were accessible to all staff. The policies clearly outlined who to contact for further guidance if staff had concerns about a patient's welfare. There was a lead member of staff for safeguarding. The GPs attended safeguarding meetings when possible and always provided reports where necessary for other agencies. Staff demonstrated they understood their responsibilities and all had received training relevant to their role.
- We spoke to one GP who was able to provide an example of when abuse had been recognised within the practice and we saw the appropriate referrals had been made.

- A notice in the waiting room advised patients that chaperones were available if required. All staff who acted as chaperones were trained for the role and had received a Disclosure and Barring Service check (DBS check). DBS checks identify whether a person has a criminal record or is on an official list of people barred from working in roles where they may have contact with children or adults who may be vulnerable.
- The practice maintained appropriate standards of cleanliness and hygiene. We observed the premises to be clean and tidy. The practice manager took the lead on infection control. There was an infection control protocol in place and staff had received up to date training. Annual infection control audits were undertaken and we saw evidence that action was taken to address any improvements identified as a result. However these were not undertaken by a member of the clinical team.
- The arrangements for managing medicines, including emergency drugs and vaccinations, in the practice kept patients safe (including obtaining, prescribing, recording, handling, storing and security). The practice carried out regular medicines audits, with the support of the local CCG pharmacy teams, to ensure prescribing was in line with best practice guidelines for safe prescribing. Prescription pads were securely stored and there were systems in place to monitor their use. Patient Group Directions had been adopted by the practice to allow nurses to administer medicines in line with legislation. The practice had a system for production of Patient Specific Directions to enable Health Care Assistants to administer vaccinations after specific training when a doctor or nurse were on the premises.
- The practice had dedicated prescription clerks at each site who took ownership of prescription requests. This has reduced the number of errors relating to prescriptions.
- We reviewed four personnel files and found appropriate recruitment checks had been undertaken prior to employment. For example, proof of identification, references, qualifications, registration with the appropriate professional body and the appropriate checks through the Disclosure and Barring Service. However one staff file we reviewed had not received a response to the reference request.



### Are services safe?

 There were failsafe systems in place to ensure results were received for all samples sent for the cervical screening programme and the practice followed up women who were referred as a result of abnormal results.

#### Monitoring risks to patients

Risks to patients were assessed and well managed.

- There were procedures in place for monitoring and managing risks to patient and staff safety. There was a health and safety policy available with a poster in the reception office which identified local health and safety representatives. The practice had up to date fire risk assessments and carried out regular fire drills. All electrical equipment was checked to ensure the equipment was safe to use and clinical equipment was checked to ensure it was working properly. The practice had a variety of other risk assessments in place to monitor safety of the premises such as control of substances hazardous to health and infection control.
- Arrangements were in place for planning and monitoring the number of staff and mix of staff needed to meet patients' needs. There was a rota system in place for all the different staffing groups to ensure that enough staff were on duty.

### Arrangements to deal with emergencies and major incidents

The practice had adequate arrangements in place to respond to emergencies and major incidents.

- There was an instant messaging system on the computers in all the consultation and treatment rooms which alerted staff to any emergency.
- All staff received annual basic life support training and there were emergency medicines available in the treatment room.
- The practice had a defibrillator available on the premises and oxygen. However, although regular checks were carried out to ensure this equipment was working, this was not recorded. A first aid kit and accident book were also available.
- Emergency medicines were easily accessible to staff in a secure area of the practice and all staff knew of their location. All the medicines we checked were in date and fit for use.
- The practice had a comprehensive business continuity plan in place for major incidents such as power failure or building damage. The plan included emergency contact numbers for staff.



### Are services effective?

(for example, treatment is effective)

# **Our findings**

#### **Effective needs assessment**

The practice assessed needs and delivered care in line with relevant and current evidence based guidance and standards, including National Institute for Health and Care Excellence (NICE) best practice guidelines.

- The practice had systems in place to keep all clinical staff up to date. Staff had access to guidelines from NICE and used this information to deliver care and treatment that met peoples' needs.
- The practice monitored that these guidelines were followed through risk assessments, audits and random sample checks of patient records.

# Management, monitoring and improving outcomes for people

The practice used the information collected for the Quality and Outcomes Framework (QOF) and performance against national screening programmes to monitor outcomes for patients. QOF is a system intended to improve the quality of general practice and reward good practice. The most recent published results were 90.1% of the total number of points available, with 5.5% exception reporting. Exception reporting is the removal of patients from QOF calculations where, for example, the patients are unable to attend a review meeting or certain medicines cannot be prescribed because of side effects. This practice was not an outlier for any QOF (or other national) clinical targets. Data showed:

- The percentage of patients with asthma, on the register, who had received an asthma review in the preceding 12 months, was 77%, compared to the CCG (70%) and national (70%) average.
- The percentage of patients with hypertension having regular blood pressure tests (79%) was comparable to the CCG (79%) and national average (80%).
- The percentage of patients with schizophrenia, bipolar affective disorder and other psychoses who had a comprehensive care plan documented in the record in the preceding 12 months (78%) was comparable to the CCG and national average (77%).

Clinical audits demonstrated quality improvement.

- There had been ten clinical audits completed in the last 12 months, we reviewed two of these and confirmed they were completed audits where the improvements made were implemented and monitored.
- The practice participated in local audits, national benchmarking, accreditation, peer review and research.

#### **Effective staffing**

Staff had the skills, knowledge and experience to deliver effective care and treatment.

- The practice had an induction programme for all newly appointed staff. It covered such topics as safeguarding, infection prevention and control, fire safety, health and safety and confidentiality.
- The practice could demonstrate how they ensured role-specific training and updating for relevant staff for example, for those reviewing patients with long-term conditions. For example; nursing staff had attended motivational training courses to help support the Year of Care programme and encourage patients with chronic diseases to take control of their conditions and encourage them to make lifestyle changes to improve their health. Staff administering vaccinations and taking samples for the cervical screening programme had received specific training which had included an assessment of competence. Staff who administered vaccinations could demonstrate how they stayed up to date with changes to the immunisation programmes, for example by access to on line resources and discussion at practice meetings.
- The learning needs of staff were identified through a system of appraisals, meetings and reviews of practice development needs. Staff had access to appropriate training to meet their learning needs and to cover the scope of their work. This included ongoing support during sessions, one-to-one meetings, appraisals, coaching and mentoring, clinical supervision and facilitation and support for revalidating GPs. All staff had had an appraisal within the last 12 months.
- Staff received training that included: safeguarding, fire procedures, basic life support and information governance awareness. Staff had access to and made use of e-learning training modules and in-house training.

Coordinating patient care and information sharing



### Are services effective?

### (for example, treatment is effective)

The information needed to plan and deliver care and treatment was available to relevant staff in a timely and accessible way through the practice's patient record system and their intranet system.

- This included care and risk assessments, care plans, medical records and investigation and test results.
   Information such as NHS patient information leaflets were also available.
- The practice shared relevant information with other services in a timely way, for example when referring patients to other services.

Staff worked together and with other health and social care services to understand and meet the range and complexity of patients' needs and to assess and plan ongoing care and treatment. This included when patients moved between services, including when they were referred, or after they were discharged from hospital. We saw evidence that multi-disciplinary team meetings took place on a monthly basis and that care plans were routinely reviewed and updated.

#### **Consent to care and treatment**

Staff sought patients' consent to care and treatment in line with legislation and guidance.

- Staff understood the relevant consent and decision-making requirements of legislation and guidance, including the Mental Capacity Act 2005.
- When providing care and treatment for children and young people, staff carried out assessments of capacity to consent in line with relevant guidance.

 Where a patient's mental capacity to consent to care or treatment was unclear the GP or practice nurse assessed the patient's capacity and, recorded the outcome of the assessment.

#### Supporting patients to live healthier lives

The practice identified patients who may be in need of extra support.

 These included patients in the last 12 months of their lives, carers, those at risk of developing a long-term condition and those requiring advice on their diet, smoking and alcohol cessation and. Patients were then signposted to the relevant service.

The practice's uptake for the cervical screening programme was 84%, which was better than the CCG average of 78% and the national average of 77%. The practice also encouraged its patients to attend national screening programmes for bowel and breast cancer screening.

Childhood immunisation rates for the vaccinations given were comparable to CCG/national averages. For example, childhood immunisation rates for the vaccinations given to five year olds from 93% to 100%.

Patients had access to appropriate health assessments and checks. These included health checks for new patients and NHS health checks for people aged 40–74. Appropriate follow-ups for the outcomes of health assessments and checks were made, where abnormalities or risk factors were identified.



# Are services caring?

### **Our findings**

#### Kindness, dignity, respect and compassion

We observed members of staff were courteous and very helpful to patients and treated them with dignity and respect.

- Curtains were provided in consulting rooms to maintain patients' privacy and dignity during examinations, investigations and treatments.
- We noted that consultation and treatment room doors were closed during consultations; conversations taking place in these rooms could not be overheard.
- Reception staff knew when patients wanted to discuss sensitive issues or appeared distressed they could offer them a private room to discuss their needs.

All of the 37 patient Care Quality Commission comment cards we received were positive about the service experienced. Patients said they felt the practice offered an excellent service and staff were helpful, caring and treated them with dignity and respect. . A small number of people commented on the appointment system and the length of time they had to wait for an appointment.

We spoke with a member of the patient participation group who said they believed the care provided by the practice assured that dignity and privacy of patients was respected. Comment cards noted that staff responded compassionately when they needed help.

Results from the national GP patient survey showed patients felt they were treated with compassion, dignity and respect. The practice was rated highly by patients on consultations with GPs and nurses and better than other practices. For example:

- 95% said the GP was good at listening to them compared to the CCG average of 88% and national average of 87%.
- 95% said the GP gave them enough time (CCG average 88%, national average 87%).
- 99% said they had confidence and trust in the last GP they saw (CCG average 96%, national average 95%)
- 96% said the last GP they spoke to was good at treating them with care and concern (CCG average 88%, national average 85%).

- 87% said the last nurse they spoke to was good at treating them with care and concern (CCG average 92%, national average 91%).
- 91% said they found the receptionists at the practice helpful (CCG average 89%, national average 87%)

## Care planning and involvement in decisions about care and treatment

Patients told us they felt involved in decision making about the care and treatment they received. They also told us they felt listened to and supported by staff and had sufficient time during consultations to make an informed decision about the choice of treatment available to them. Patient feedback on the comment cards we received was also positive and aligned with these views.

Results from the national GP patient survey showed patients responded positively to questions about their involvement in planning and making decisions about their care and treatment. Results were mostly above that of other practices. For example:

- 91% said the last GP they saw was good at explaining tests and treatments compared to the CCG average of 87% and national average of 86%.
- 91% said the last GP they saw was good at involving them in decisions about their care (CCG average 83%, national average 82%)
- 81% said the last nurse they saw was good at involving them in decisions about their care (CCG average 86%, national average 85%)
- Staff told us that translation services were available for patients who did not have English as a first language.
   However, due to the demographics of patients registered at the practice this was not often used.

# Patient and carer support to cope emotionally with care and treatment

Notices in the patient waiting room told patients how to access a number of support groups and organisations.

The practice's computer system alerted GPs if a patient was also a carer. Written information was available to direct carers to the various avenues of support available to them.

Staff told us that if families had suffered bereavement, the most appropriate GP contacted them by telephone. This call was either followed by a patient consultation at a flexible time and location to meet the family's needs and/or by giving them advice on how to find a support service.



### Are services responsive to people's needs?

(for example, to feedback?)

### **Our findings**

#### Responding to and meeting people's needs

The practice reviewed the needs of its local population and engaged with the NHS England Area Team and Clinical Commissioning Group (CCG) to secure improvements to services where these were identified. For example; the practice ran community Ear Nose and Throat clinic following the closure of the service at a local hospital and a dermatology clinic as a result of poor service from another secondary provider. This provided patients with care closer to home.

- The practice had introduced a dedicated multidisciplinary team (including a GP the community nurse and healthcare assistant) to manage the 2% of patients who were vulnerable or housebound and at risk of an unplanned hospital admission. The team met on a weekly basis to review and reactivate care plans and link with third sector organisations for example; Otley Action for Older People. This was a community based organisation helping people to live independently in their own homes and proactively within the community.
- There were longer appointments available for patients with a learning disability.
- Home visits were available for older patients and patients who would benefit from these.
- The practice had organised a ward round at one of the residential homes it provided services at. This meant that a dedicated GP attended the home on a weekly basis to deliver care.
- Same day appointments were available for children and those with serious medical conditions.
- There were disabled facilities, a hearing loop and translation services available.
- The practice had recently used Clinical Commissioning Group funding to purchase dematoscopes (devices which enable clinicians to view skin conditions in close detail) to reduce the number of referrals to dermatology.
- Clinicians from the practice visited local schools to give talks about contraception. This was to educate patients and had been identified as an area to look at due to the lack of sexual health services in the areas.

 The practice had successfully applied to provide Ear Nose and Throat and Dermatology services in the community. This enabled patients to access care closer to home.

#### Access to the service

All three sites are open between 8am and 6pm Monday to Friday. Chevin Medical Practice also provides extended hours from 7am to 8am and 6pm to 8pm on Mondays.

Chevin Medical Practice and the two branch sites were open between 8am and 6pm Monday to Friday, with a range of appointments being offered throughout these times. Patients could access services at any of the three sites.

Extended surgery hours were offered at Chevin Medical Practice at the following times on 7am to 8am and 6pm to 8pm on Mondays. In addition to pre-bookable appointments that could be booked up to six weeks in advance, urgent appointments were also available for people that needed them.

Results from the national GP patient survey showed that patients were very satisfied with the access arrangements for appointments and opening hours. Their ratings were better than other practices.

- 78% of patients were satisfied with the practice's opening hours compared to the CCG average of 74% and national average of 75%.
- 96% patients said they could get through easily to the surgery by phone (CCG average 79%, national average 73%).
- 75% patients said they always or almost always see or speak to the GP they prefer (CCG average 60%, national average 59%).

People told us on the day of the inspection that they were able to get appointments when they needed them.

#### Listening and learning from concerns and complaints

The practice had an effective system in place for handling complaints and concerns.

- Its complaints policy and procedures were in line with recognised guidance and contractual obligations for GPs in England.
- There was a designated responsible person who handled all complaints in the practice.



## Are services responsive to people's needs?

(for example, to feedback?)

• We saw that information was available to help patients understand the complaints system this was displayed in the reception area, on the practice website and leaflets were also available for patients to take away with them.

We looked at 12 complaints received in the last 12 months and found these were satisfactorily handled and dealt with in a timely way. Lessons were learnt from concerns and complaints and action was taken to as a result to improve the quality of care. For example, one complaint raised issues about the availability of appointments and access for prescriptions. As a result the practice regularly reviewed the appointment system and improved communication to patients about the appointment system (through the practice newsletter, website and notice boards).



### Are services well-led?

(for example, are they well-managed and do senior leaders listen, learn and take appropriate action)

### **Our findings**

#### Vision and strategy

The practice had a clear vision to deliver high quality care and promote good outcomes for patients.

- The practice had a mission statement which was displayed in the waiting areas and staff knew and understood the values.
- The practice had a robust strategy and supporting business plans which reflected the vision and values and were regularly monitored.
- Recently the practice had successfully merged with another local practice and could demonstrate how this maintained medical services local to the Otley area.
- The practice had an executive team who met weekly to discuss, review and address any issues about the service.

#### **Governance arrangements**

The practice had an overarching governance framework which supported the delivery of the strategy and good quality care. This outlined the structures and procedures in place and ensured that:

- There was a clear staffing structure and that staff were aware of their own roles and responsibilities
- Practice specific policies were implemented and were available to all staff
- A comprehensive understanding of the performance of the practice was maintained
- A programme of continuous clinical and internal audit which was used to monitor quality and to make improvements
- There were robust arrangements for identifying, recording and managing risks, issues and implementing mitigating actions

#### Leadership and culture

The partners in the practice had the experience, capacity and capability to run the practice and ensure high quality care. They prioritise safe, high quality and compassionate care. The partners were visible in the practice and staff told us they were approachable and always took the time to listen to all members of staff.

The provider was aware of and complied with the requirements of the Duty of Candour. The partners encouraged a culture of openness and honesty. The practice had systems in place for knowing about notifiable safety incidents

When there were unexpected or unintended safety incidents:

- The practice gave affected people reasonable support, truthful information and a verbal and written apology
- They kept written records of verbal interactions as well as written correspondence.

There was a clear leadership structure in place and staff felt supported by management.

- Staff told us the practice held regular team meetings.
- Staff told us there was an open culture within the practice and they had the opportunity to raise any issues at team meetings and felt confident in doing so and felt supported if they did. We noted there was a structured coffee break for all staff on a daily basis to ensure any ideas or issues could be discussed.
- Staff said they felt respected, valued and supported, particularly by the partners in the practice. All staff were involved in discussions about how to run and develop the practice, and the partners encouraged all members of staff to identify opportunities to improve the service delivered by the practice.

# Seeking and acting on feedback from patients, the public and staff

The practice encouraged and valued feedback from patients, the public and staff. It proactively sought patients' feedback and engaged patients in the delivery of the service.

- · The practice had gathered feedback from patients through the patient participation group (PPG) and through surveys and complaints received. There was an active PPG which met three times a year. In addition patients could provide feedback via the practice website.
- · The practice had introduced a 'you said, we reply' system to respond to feedback from patients. For example; bike racks had been installed at the Bramhope site and parking bays had been increased following negotiations with the co-located dentist and school.



### Are services well-led?

(for example, are they well-managed and do senior leaders listen, learn and take appropriate action)

 The practice had gathered feedback from staff through regular discussions and annual appraisal. Staff told us they would not hesitate to give feedback and discuss any concerns or issues with colleagues and management. Staff told us they felt involved and engaged to improve how the practice was run.

#### **Continuous improvement**

There was a strong focus on continuous learning and improvement at all levels within the practice. The practice

team was forward thinking and part of local pilot schemes to improve outcomes for patients in the area. For example; the practice worked closely with three other local practices to discuss innovative ideas of working. The group pooled funds together to enable joint projects to take place and at the time of our inspection the group were working on a joint community team venture to provide extra care for the housebound and vulnerable groups of patents