

Mountdale Limited

Mountdale Nursing Home

Inspection report

59 Mountdale Gardens
Leigh On Sea
Essex
SS9 4AP

Tel: 01702421019

Date of inspection visit:
21 January 2021

Date of publication:
16 February 2021

Ratings

Overall rating for this service	Inspected but not rated
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Is the service safe?	Inspected but not rated
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Summary of findings

Overall summary

Mountdale Nursing Home provides accommodation, personal care and nursing for up to 24 people some of whom may be living with dementia. At the time of our inspection 13 people were living at the service.

We found the following examples of good practice.

- The registered manager was following the government's guidance on whole home testing for people and staff. This included using rapid testing and weekly testing for staff.
- People were supported to isolate when required and the environment was spacious to allow for social distancing in communal areas.
- Staff completed regular health screening on people to help identify any symptoms early.
- The registered manager had processes in place to admit people safely to the service.
- Visiting areas had been adapted to allow for social distancing, the use of screens and personal protective equipment (PPE) was provided for visitors.
- People were able to connect to the internet and there were facilities for people to video call and keep in touch with their friends and relatives when unable to visit.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

Mountdale Nursing Home

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of coronavirus, we are conducting reviews to ensure that the Infection Prevention and Control practice was safe and the service was compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place.

This inspection took place on 21 January 2021 and was unannounced.

Is the service safe?

Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.

We have also signposted the provider to resources to develop their approach.