

First For Care Limited

# Esplanade House

## Inspection report

19-20 The Strand  
Ryde  
Isle of Wight  
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Tel: 01983616683

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23 February 2021

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## Ratings

Overall rating for this service	Inspected but not rated
Is the service safe?	Inspected but not rated

# Summary of findings

## Overall summary

Esplanade House is a care home for people who require nursing or personal care and can accommodate 13 people. At the time of this inspection 13 people were living there.

We found the following examples of good practice.

Staff donned, doffed and disposed of personal protective equipment (PPE) safely and in line with the relevant guidance. Throughout our inspection staff were wearing the required levels of PPE and maintaining social distancing as much as possible.

The manager had consulted with people and their relatives about how to facilitate visits and risk assessments had been completed, which determined the impact on each person and how they would maintain contact. Since the start of the coronavirus pandemic people had been supported to maintain contact with their relatives through video calls, phone calls and by meeting them outside when able to.

Clear processes were in place for any visitors which included a temperature check, hand sanitising, and support to use appropriate PPE correctly.

Esplanade House had systems in place to ensure regular testing of people and staff for Covid 19 and followed government guidelines for the frequency of tests.

The service had no vacancies and had not had any new admissions since the start of the pandemic. However, the manager understood government guidance about how safe admissions should take place, including self-isolation for 14 days, if they needed to do so. New staff employed completed a 14-day isolation period and testing, prior to commencing work in the home. This meant risks were reduced to people and staff at the service.

Staff had training and support to understand the fundamentals of infection control and Covid 19. There was a contingency plan for the service during an outbreak.

The home was clean and hygienic. Robust cleaning measures were put into place. For example, they had measures in place to make sure high touch areas maintain a high level of cleanliness.

The provider had developed policies, procedures and guidance for the home which had been implemented. Quality assurance audits were being completed during the COVID-19 pandemic to reflect best practice.

Staff understood the risks well and had followed full infection control measures to care for people. People living at the home had been supported to understand the risks around COVID-19, to help maintain their own safety.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

Further information is in the detailed findings below.

**Inspected but not rated**

# Esplanade House

## **Detailed findings**

## Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of coronavirus, we are conducting reviews to ensure that the Infection Prevention and Control practice was safe and the service was compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place.

This inspection took place on 22 February 2021 and was announced.

# Is the service safe?

## Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider would admit people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.