

Whitehaven Rest Home Limited

Whitehaven Residential Home

Inspection report

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03 February 2021

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Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Whitehaven residential care home is registered to provide accommodation and personal care for up to 15 older people, some of whom live with dementia. Accommodation is arranged over two floors with stair lift access to all areas. At the time of our inspection 15 people lived at the home.

We found the following examples of good practice.

Systems were in place to support visitors to access the service safely and reduce the risk of them spreading infection.

Risk assessments for staff at higher risk or with underlying health conditions were carried out to minimise the risk and spread of infection and keep people safe. Everyone in the staff team had received the vaccine to protect them from coronavirus.

The registered manager was communicating with people, staff and family members regularly to make sure everyone understood procedures and precautions being taken, and how to keep people safe. The registered manager worked with the care staff team to ensure infection prevention and control measures were followed.

The service had enough personal protective equipment (PPE) to meet current and future demand. Staff were using PPE correctly and disposal was safe.

There were up to date infection prevention and control (IPC) policies and procedures, backed up by regular newsletters and there were posters around the home. There was a COVID-19 folder accessible to all staff. Staff had received training and COVID-19 testing was taking place in accordance with current guidance.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Inspected but not rated

Inspected but not rated

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Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the coronavirus pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. This was a targeted inspection looking at the infection control and prevention measures the provider has in place.

This inspection took place on 3 February 2021 and was announced.

Is the service safe?

Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.