

# Care Plus Group (North East Lincolnshire) Limited

## Cambridge Park

### Inspection report

Peterhouse Road  
Grimsby  
Lincolnshire  
DN34 5UX

Tel: 07715068983

Date of inspection visit:  
11 November 2020

Date of publication:  
02 December 2020

### Ratings

Overall rating for this service	Inspected but not rated
---------------------------------	-------------------------

Is the service safe?	<b>Inspected but not rated</b>
----------------------	--------------------------------

# Summary of findings

## Overall summary

### About the service

Cambridge Park is a residential care home providing rehabilitation support for up to 52 people in one adapted building. We inspected the designated care unit on the ground floor. This unit has 12 single bedrooms intended for people discharged from hospital who have tested positive for Covid-19. There were 10 people living on the unit at the time of our inspection.

We found the following example of poor practice

- In the longer term, the provider could not ensure a dedicated staff team was in place to provide support to people isolating in the designated unit.

We found the following examples of good practice

- The systems in place allowed people to be admitted to the service safely. Arrangements to provide a separate entrance for the unit and access via a key card system had been put in place.
- Staff supervised all essential visitors to ensure social distancing and infection control guidelines were followed.
- People could choose to use applications such as video calls to maintain contact with their families.
- The environment was very clean. Additional cleaning was taking place which included frequently touched surfaces.
- New changing facilities had been provided for staff on the unit. Staff had received appropriate infection prevention and control training. Additional designated PPE stations were in place and staff were wearing PPE in line with government guidance.
- Staff were able to seek quick healthcare support when people needed this. Staff monitored people's healthcare needs closely and were able to seek quick healthcare support when people needed this.
- The provider and senior management team had recognised the challenges staff faced during the pandemic. Staff could access counselling support to offload their feelings and support their wellbeing.

We were not assured that this service met good infection prevention and control guidelines as a designated care setting.

Further information is in the detailed findings below.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

We were assured the service was following safe infection prevention and control procedures to keep people safe.

**Inspected but not rated**

# Cambridge Park

## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

This was a targeted inspection looking at the infection control and prevention measures the provider has in place. As part of CQC's response to the coronavirus pandemic we are conducting a review of infection control and prevention measures in care homes.

The service had been identified for use by the Local Authority as a designated care setting in response to the Winter Plan for people discharged from hospital with a positive Covid-19 status. This inspection was to ensure that the service was compliant with infection control and prevention measures.

This inspection took place on 11 November 2020 and was announced.

## Is the service safe?

### Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider's infection prevention and control policy was up to date.