

Grace Care Homes Limited

Ambleside Residential Care Home

Inspection report

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20 November 2020

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Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Ambleside Residential Care Home provides support and care to up to 20 older people, some who were living with dementia. At the time of inspection there were 15 people living at the home.

We found the following examples of good practice.

At the time of our inspection people were being cared for in their bedrooms in order to minimise the risk of infection. Where people chose to walk around the home, staff supported them to do this safely ensuring minimal contact with other people living at the home. Staff were supporting people's wellbeing by spending time talking to people in their rooms when making their regular checks.

Staff were socially distanced from each other wherever possible. The lounge whilst not being used by people, was used by staff on shift. Staff were designated a dining room table and chair to use and these were then sanitised at the end of their shift.

There were boxes of personal protective equipment (PPE) at regular intervals along the corridors outside people's rooms. There was appropriate signage for safely putting on and taking off PPE around the home.

Staff used red bags for contaminated clothing and green bags for non-contaminated clothing. The registered manager had purchased the green bags in order to promote the distinction between people's clothes. Contaminated clothes were washed separately from the rest of the home's clothes.

To support infection prevention and control (IPC), the registered manager had bought a number of disposable culinary items for people to use. This included cups, plates and cutlery, that could be thrown away after single use.

Further information is in the detailed findings below.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

We were assured the service was following infection prevention and control procedures to keep people safe.

Inspected but not rated

Ambleside Residential Care Home

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of coronavirus, we are conducting reviews to ensure that the Infection Prevention and Control practice was safe and the service was compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place.

This inspection took place on 20 November 2020 and was announced.

Is the service safe?

Our findings

S5. How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider's infection prevention and control policy was up to date.

We have also signposted the provider to resources to develop their approach.

We were somewhat assured that the provider was using PPE effectively and safely. Whilst PPE was being worn effectively by staff, we sign posted the registered manager to the correct procedure for the disposal of contaminated waste. The registered manager addressed this concern immediately at the inspection.

We were somewhat assured that the provider was making sure infection outbreaks could be effectively prevented or managed. At the time of our inspection, staff were not designated to care for separate people which increased the risk of spreading infection. Agency staff were being used that did not work exclusively at service. The registered manager assured us this would be addressed once the regular staff had returned to the service from self-isolating. Staff also did not have risk assessments in place to assess factors that would make them at increased risk from COVID-19. We received confirmation from the registered manager following the inspection that these had been completed.