

Birmingham Association For Mental Health(The) Sycamore Lodge Residential Care

Inspection report

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Date of inspection visit:
22 April 2021

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19 May 2021

Ratings

Overall rating for this service	Inspected but not rated
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Is the service safe?	Inspected but not rated
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Summary of findings

Overall summary

Sycamore Lodge Residential Care is a care home that provides accommodation and personal care for up to 13 people with mental health needs. At the time of the inspection there were 11 people using the service.

We found the following examples of good practice.

People were supported to have visitors in line with current guidance. Visitors were required to have a lateral flow test and wear Personal Protective Equipment (PPE). A designated room for visits was cleaned before and after use.

People's wellbeing during lockdown had been considered and person centred activities were put in place. For example, quiz nights were held for people who had enjoyed these in the community prior to the pandemic.

Cleaning schedules were enhanced to include high touch areas and two hourly sanitisation of the home.

Staff wore PPE in line with government guidance. Designated areas were available for staff to don and doff PPE.

Risk assessments for COVID-19 were in place for people and staff. These considered individual risk factors such as those from the Black, Asian and minority ethnic (BAME) community.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

Sycamore Lodge Residential Care

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the COVID-19 pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. This was a targeted inspection looking at the infection control and prevention measures the provider has in place.

This inspection took place on 22 April 2021 and was announced.

Is the service safe?

Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.
- We were somewhat assured that the provider was promoting safety through the layout and hygiene practices of the premises. We found an item of medical equipment was stored in a communal bathroom. This increased the risk of spreading infection. In addition, worn areas such as paintwork on handrails may have impacted the effectiveness of the enhanced cleaning in place. The Registered Manager took immediate steps to address these matters.

We have also signposted the provider to resources to develop their approach.