

## Cambian Signpost Limited

# Ponderosa

### Inspection report

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20 January 2022

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### Ratings

Overall rating for this service	Inspected but not rated
Is the service safe?	<b>Inspected but not rated</b>

# Summary of findings

## Overall summary

Ponderosa is a 'care home'. People in care homes receive accommodation and nursing or personal care as single package under one contractual agreement. The service can accommodate five people in one house.

We found the following examples of good practice.

The provider had systems in place to ensure staff knew how to keep people and themselves safe and reduce any risk of COVID-19. The provider had continually reviewed their infection prevention and control (IPC) policies. Staff were regularly updated with changes to government guidance and procedures to follow to keep people, staff and visitors safe.

Staff completed IPC training and were observed to be wearing the correct personal protective equipment (PPE) and following best practice. There was guidance for staff displayed around the home to remind them of best practice, which was also discussed during daily handovers.

There were robust visiting protocols in place to ensure the provider was preventing visitors from catching and spreading infections. Visitors needed to take a lateral flow device COVID-19 test and were provided with the necessary PPE upon entry to the home. This assured us the provider was facilitating visits for people living in the home in accordance with the current guidance.

Staff were involved in regular COVID-19 testing and the provider made sure they were following the recent legal requirement for all staff and relevant visitors, such as health and social care professionals, to have had the COVID-19 vaccine.

The home was clean and hygienic throughout.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

Further information is in the detailed findings below.

**Inspected but not rated**

# Ponderosa

## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of COVID-19, we are conducting reviews to ensure that the IPC practice is safe and that services are compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 20 January 2022 and was announced. We gave the service one days' notice of the inspection.

# Is the service safe?

## Our findings

### Staffing

- The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures

### How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.
- We were assured the provider was facilitating visits for people living in the home in accordance with the current guidance.

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.

- The service was meeting the requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.