

Royal Bay Care Homes Ltd

Forest Hill House Nursing Home

Inspection report

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Dorset
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22 February 2022

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Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Forest Hill House Nursing Home is an adapted property situated in Wimborne, Dorset. Registered for up to 36 people, there were 26 people living at the home, some of whom were living with dementia. The home was accessed over two floors via stairs or a lift.

We found the following examples of good practice.

Safe practices were in place for welcoming visitors to the home. These included rapid COVID-19 testing, personal protective equipment (PPE), health and symptom checks and hand hygiene. Vaccination status was checked for all visiting professionals and records of staff vaccinations were maintained. The provider's electronic system had made monitoring for compliance much easier by logging test results. Staff testing for COVID-19 was at the frequency in line with government guidance and a process was in place for monitoring it.

People told us they happy living at Forest Hill House Nursing Home. We spoke with people informally as we walked through the home who told us staff were caring. We observed some kind interactions between staff and people. The registered manager and staff at the home had worked hard to keep people safe. Policies and procedures within the home were robust and frequent monitoring meant that the home worked safely and within good practice and government guidelines.

Supplies of PPE were in good supply, stock checks maintained, and we observed staff wearing this correctly. Staff had training in infection prevention and control and were shown how to put on and take off PPE correctly. The home had a good standard of cleanliness. COVID-19 contingency procedures in place meant that the home could operate under pressures such as during an outbreak or staff shortages. Domestic staff worked hard to keep all areas of the home clean and tidy including high touch points and deep cleaning.

People were supported to maintain contact with their loved ones during the COVID-19 pandemic. This included assessing each individual person's needs and working to ensure their visits took place in the most comfortable location. As visiting restrictions changed the home adapted its policies, practices and communicated to people and their relatives verbally by telephone. Risk assessments were completed for all aspects of care and support including additional risks related to COVID-19. Specific risk assessments had been completed for staff.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

Forest Hill House Nursing Home

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the COVID-19 pandemic we are looking at how services manage infection control and visiting arrangements. This was a targeted inspection looking at the infection prevention and control measures the provider had in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 22 February 2022 and was announced. We gave the service 24 hours' notice of the inspection.

Is the service safe?

Our findings

Staffing

- The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.

Visiting in care homes

Forest Hill House Nursing Home was supporting visiting within the home, checking on changes to government guidance and making adjustments as needed.

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.

- The Government has announced its intention to change the legal requirement for vaccination in care homes, but the service was meeting the current requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.