

Nightingale Residential Care Home Ltd

# Nightingale House

## Inspection report

57 Main Road  
Gidea park  
Romford  
Essex  
RM2 5EH

Tel: 01708763124

Date of inspection visit:  
18 August 2020

Date of publication:  
01 September 2020

## Ratings

Overall rating for this service	Inspected but not rated
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Is the service safe?	Inspected but not rated
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# Summary of findings

## Overall summary

We found the following examples of good practice.

- The service was booking visitors in at a time that suited people and was spaced out to avoid potential infection transmission with other visitors. Visits took place in the garden to help maintain social distancing. The provider had made arrangements in line with government guidance for staff and visitors to the home to have their temperature checked on arrival. People were supported to maintain contact electronically with family and friends when they were not able to meet with them in person.
- Staff were provided with Personal Protective Equipment and were seen to be using it throughout the inspection, in line with government guidance.
- Where people had tested positive for Covid-19, the provider had been able to follow best practice and ensure that people self-isolated in their room. Due to issues of mental capacity, Deprivation of Liberty Safeguards authorisations were used to help ensure the safety of other people and staff at the service.
- There was an enhanced cleaning regime at the service, in line with the providers policy and best practice guidance from Public Health England, with surfaces and door handles frequently being cleaned.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

We were satisfied effective systems were in place for the purposes of infection control and prevention.

**Inspected but not rated**

# Nightingale House

## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

Nightingale House is a care home providing accommodation and support with personal care to a maximum of 43 older people, many of whom are living with dementia.

This was a targeted inspection looking at the infection control and prevention measures the provider has in place. As part of CQC's response to the coronavirus pandemic we are conducting a thematic review of infection control and prevention measures in care homes.

This inspection took place on 18 August 2020 and was announced. The service was selected to take part in this thematic review which is seeking to identify examples of good practice in infection prevention and control.

# Is the service safe?

## Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.

We have also signposted the provider to resources to develop their approach.