

Regal Care Trading Ltd

# Blair House

## Inspection report

24 Pevensey Road  
St Leonards On Sea  
East Sussex  
TN38 0LF

Tel: 01424437608

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07 April 2021

Date of publication:  
20 April 2021

## Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

**Inspected but not rated**

# Summary of findings

## Overall summary

Blair House provides accommodation and personal care for up to 29 older people, some of whom were living with dementia. At the time of the inspection there were 21 people living there.

We found the following examples of good practice.

People were supported to maintain contact with their family and friends. In line with government guidelines single named visits into the home had commenced. Where people were considered to be end of life, they were able to receive regular visits from family in their bedrooms.

All visitors were required to have a rapid Covid-19 test before they met with their loved ones. During the visit they were required to wear the appropriate personal protective equipment (PPE).

As far as possible, social distancing was maintained. Due to their dementia some people were not able to understand the need for social distancing. Therefore, staff encouraged people to regularly wash their hands.

Staff had access to PPE. They had received infection control and specific Covid-19 training, and this included guidance for staff about how to put on and take off PPE safely. Regular testing for people and staff was taking place.

The home was clean and tidy. There was a cleaning schedule and this included regular cleaning of high touch points such as door handles and light switches. This cleaning was not always recorded. The registered manager told us that this recording would be introduced immediately. The registered manager told us they were confident that this cleaning did take place.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

Further information is in the detailed findings below.

**Inspected but not rated**

# Blair House

## **Detailed findings**

## Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of COVID-19, we are conducting reviews to ensure that the Infection Prevention and Control practice was safe and the service was compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place.

This inspection took place on 7 April 2021 and was announced.

# Is the service safe?

## Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.

We have also signposted the provider to resources to develop their approach.