

Leonard Cheshire Disability

# St Cecilia's - Care Home with Nursing Physical Disabilities

## Inspection report

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Date of inspection visit:  
09 February 2022

Date of publication:  
23 February 2022

## Ratings

|                                 |                         |
|---------------------------------|-------------------------|
| Overall rating for this service | Inspected but not rated |
| Is the service safe?            | Inspected but not rated |

# Summary of findings

## Overall summary

St Cecilia's - Care Home with Nursing Physical Disabilities provides accommodation, personal care and nursing care to people who have complex physical disabilities. The home is registered to provide care for up to 30 people. At the time of our inspection there were 29 people living at the service.

We found the following examples of good practice:

The provider screened all visitors for symptoms of acute respiratory infection before they could enter the service. Visitors were supported to follow current government's guidance on good infection control practices including hand washing, sanitising, wearing personal protective equipment (PPE) and maintaining social distancing within the service.

There were enough staff to meet people's needs and staff had received training on COVID-19, infection control and the use of PPE. There was a COVID-19 testing program in place in line with current guidance and people or staff who showed symptoms of COVID-19 were required and supported to self-isolate.

We observed staff wearing appropriate PPE and socially distancing throughout our visit. We saw the service was well maintained and clean throughout. The service had a dedicated housekeeping team that facilitated frequent robust cleaning schedules.

COVID-19 risk assessments were conducted for people who were at higher risk to ensure they could live and work safely within the service. The registered manager told us they worked well with the visiting GP, health care professionals, the Clinical Commissioning Group (CCG) and Local Authority to ensure people received appropriate care and support.

The provider had a COVID-19 specific contingency plan in place which they had followed throughout the COVID-19 pandemic. The registered manager told us there were no restrictions on visiting at the service in line with current guidance.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

We were assured the service was following appropriate infection prevention and control procedures to keep people safe.

**Inspected but not rated**

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## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the COVID-19 pandemic we are looking at how services manage infection control and visiting arrangements. This was a targeted inspection looking at the infection prevention and control measures the provider had in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 9 February 2022 and was announced. We gave the service notice of the inspection.

# Is the service safe?

## Our findings

### Staffing

- The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures.

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.
- The provider was facilitating visits for people living in the home in accordance with the current guidance.

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.

- The Government has announced its intention to change the legal requirement for vaccination in care homes, but the service was meeting the current requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.