

# Bedfordshire Supported Housing Limited

# Rutland Road Care Home

## Inspection report

37 Rutland Road  
Bedford  
Bedfordshire  
MK40 1DG

Tel: 01234344729

Date of inspection visit:  
11 August 2020

Date of publication:  
20 August 2020

## Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

**Inspected but not rated**

# Summary of findings

## Overall summary

### About the service

Rutland Road Care Home is a care home providing accommodation for up to five people, for persons who require nursing or personal care, Learning disabilities, Mental health conditions.

We found the following examples of good practice.

The service took names and contact details on arrival. Temperatures were taken and sanitiser was readily available.

The service had supported people to be educated about the virus and the importance of wearing masks when out of their house. This meant that people could go out independently again. One person said they enjoyed being in the home and they were happy that the restrictions had reduced so they could go out to the shops and cinema.

The accommodation does not support the recommended guidance; however the staff were proactively managing this as well as they could. This had been shown by the minimal impact that had occurred when there was an outbreak of the virus in the home.

People had access to activities of interest. For example, they had completed wall art in the garden and put together wellness envelopes when a person was feeling low. The wellness envelopes had supportive sentences and quotes. These were introduced if there was a time where the service user did not want to approach a staff member but wanted to hear something positive and supportive. This had been very popular for people living with in the home.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

We were somewhat assured the service were following safe infection prevention and control procedures to keep people safe. We have signposted the provider to resources to develop their approach.

**Inspected but not rated**

# Rutland Road Care Home

## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider was meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

This was a targeted inspection looking at the infection control and prevention measures the provider had in place. As part of CQC's response to the coronavirus pandemic we are conducting a thematic review of infection control and prevention measures in care homes.

This inspection took place on 11 August and was announced. The service was invited to take part in this thematic review which is seeking to identify examples of good practice in infection prevention and control.

# Is the service safe?

## Our findings

S5□ How well are people protected by the prevention and control of infection?

We were somewhat assured that the provider was preventing visitors from catching and spreading infections. We have signposted the provider to resources to develop their approach.

We were somewhat assured that the provider was meeting shielding and social distancing rules. We have signposted the provider to resources to develop their approach.

We were assured that the provider was admitting people safely to the service.

We were somewhat assured that the provider was using PPE effectively and safely. We have signposted the provider to resources to develop their approach.

We were assured that the provider was accessing testing for people using the service and staff.

We were somewhat assured that the provider was promoting safety through the layout and hygiene practices of the premises. We have signposted the provider to resources to develop their approach.

We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.

We were not assured that the provider's infection prevention and control policy was up to date. We have signposted the provider to resources to develop their approach.