

St Vincent's Care Limited

# St Vincent's Care Limited

## Inspection report

St Vincents Rest Home  
Down Road  
Bexhill On Sea  
East Sussex  
TN39 4HD

Date of inspection visit:  
18 February 2021

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## Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

**Inspected but not rated**

# Summary of findings

## Overall summary

St. Vincent's Care Home provides accommodation and support for up to 24 people, most of whom are living with dementia. At the time of the inspection there were 18 people living at the home.

We found the following examples of good practice.

There had been an outbreak of Covid-19 at the home which resulted in people being supported to isolate in their bedrooms. At the time of our inspection the period of isolation had finished but the home remained closed to visitors other than to people receiving end of life care.

Most people living at the home were living with dementia. Staff encouraged social distancing, for example, a large table had been placed in the dining room and places set for meals that were spaced apart from each other. Staff took time to talk with people and explain the importance of social distancing.

The dining room had several large patio windows that opened onto the garden. These areas had been used for relatives to safely visit their loved ones in-between periods of lockdown. An enclosed pod with floor to ceiling perspex was being constructed in the garden for future visits from relatives. The registered manager had purchased four iPads and additional mobile phones to facilitate people being able to see and speak to their relatives during lockdown.

Two new members of cleaning staff had been employed during the pandemic. This ensured seven day a week cover. The cleaning regime involved regular deep cleaning, cleaning of high touch areas and areas that were frequently used for example, door handles.

All staff had completed internal and external training and refresher training in infection prevention and control, the use of personal protective equipment (PPE) and specific Covid-19 awareness training. The registered manager had continued with regular supervisions and used these meetings to reinforce the latest guidance relating to all these issues. Managers conducted a daily walk around of the home which included checking that staff were using PPE correctly and that the home was clean throughout.

A dedicated room on the ground floor was being used for all staff and visitors to enter and exit. Everyone completed a health questionnaire and had temperatures taken before putting on full PPE. Several PPE stations were seen throughout the home and foot pedal operated bins for disposal of used PPE were in everyone's bedrooms.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

Further information is in the detailed findings below.

**Inspected but not rated**

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## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of coronavirus, we are conducting reviews to ensure that the Infection Prevention and Control practice was safe and the service was compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place.

This inspection took place on 18 February 2021 and was announced.

# Is the service safe?

## Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.