

### Far Fillimore Care Homes Ltd

# Littleover Nursing Home

### **Inspection report**

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Overall rating for this service	Inspected but not rated
Is the service safe?	Inspected but not rated

## Summary of findings

#### Overall summary

Littleover Nursing Home accommodates 40 people, providing long-term, respite care and palliative care. The home is over two floors, with bedrooms on both floors. There were 28 people living at the service at the time of our inspection visit.

We found the following examples of good practice.

- •A COVID 19 screening questionnaire and track and trace details was required for all visitors, to complete upon entry. Temperature checks, hand washing facilities and hand gel were in place to comply with the required guidance.
- During the COVID 19 outbreak the provider had closed the home to non-essential visitors and people were supported to contact their relatives and friends through video calls and telephone calls.
- Where people were receiving end of life care or required ongoing visiting to maintain their health and well-being, this had been done following Government guidelines following the rules around essential care givers.
- Enhanced cleaning schedules included regular cleaning of touch areas such as handrails and door handles. This reduced the risk of cross infection.
- During the COVID 19 outbreak at the home, there was two staff teams on each shift. One to support people with COVID 19 and the other team to support people that did not have a positive test result. This reduced the risk of infection spread.
- Staff also changed into and out of their uniforms at work. This reduced the risk of infection spread.
- Staff had received training in infection prevent and control and the use of personal protective equipment (PPE).
- Staff were observed wearing PPE appropriately.
- Staff employed by the service did not work in any other care setting. This meant the risk of cross infection was reduced.
- Staff and people living in the service accessed regular testing for COVID-19, so that action could be taken swiftly if anyone developed symptoms or had a positive test result.
- The infection prevention and control policy was up to date.
- People and staff had risk assessments in place to identify their individual risks associated with COVID -19. We saw protective measures were in place to keep people and staff safe.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?	Inspected but not rated
Further information is in the detailed findings below.	



# Littleover Nursing Home

**Detailed findings** 

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of COVID-19, we are conducting reviews to ensure that the Infection Prevention and Control (IPC) practice is safe and that services are compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 13 January 2022 and was announced. We gave the service 24 hours' notice of the inspection.

### Is the service safe?

### Our findings

#### Staffing

• The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.
- We were assured the provider was facilitating visits for people living in the home in accordance with the current guidance.

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.

• The service was meeting the requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.