

Mrs Mary Jarvis

# Rathmore Care Home

## Inspection report

3 St Annes Road East  
Lytham St Annes  
Lancashire  
FY8 1TA

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16 March 2021

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## Ratings

Overall rating for this service	Inspected but not rated
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Is the service safe?	Inspected but not rated
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# Summary of findings

## Overall summary

Rathmore Care Home is a residential care home providing accommodation and personal care for up to eight older people. There were six people living in the home at the time of the inspection. The home is located close to the town centre, with a garden area to the front of the property. Accommodation is provided in single bedrooms, two of which have an ensuite facility.

We found the following examples of good practice.

The provider had implemented additional infection prevention and control measures in response to the risks posed by the current pandemic. There were plentiful supplies of PPE and stocks were carefully monitored. Staff had been trained in infection control practices and posters were displayed to reinforce procedures. We observed staff were using personal protective equipment (PPE) appropriately. There were sufficient staff to provide continuity of support should there be a staff shortage.

Admission to the home was completed in line with COVID-19 guidance. People were only admitted following a negative COVID-19 test result and supported to self-isolate for up to 14 days following admission to reduce the risk of introducing infection. The provider explained people's health and well-being was carefully monitored during this time. A regular programme of testing for COVID-19 was in place for staff and people living in the home. This meant swift action could be taken if any positive results were received.

People were supported to stay in contact with their relatives and friends. The provider explained arrangements were in place for any person living in the home who wished to have a designated visitor.

The layout of the service and the communal areas were suitable to support social distancing. The premises had a good level of cleanliness and was hygienic throughout. Care staff were following an enhanced cleaning schedule and there was good ventilation. The atmosphere of the home was calm and peaceful, and we observed staff were attending to people's needs.

The provider had updated their infection prevention and control policies, which included a business continuity plan. The provider had regular contact with the local authority and kept abreast of any changes in policy provided by Public Health England, Care Quality Commission and the Department of Health and Social Care.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

**Inspected but not rated**

Further information is in the detailed findings below.

# Rathmore Care Home

## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the coronavirus pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. This was a targeted inspection looking at the infection control and prevention measures the provider has in place.

This inspection took place on 16 March 2021 and was announced.

## Is the service safe?

### Our findings

S5: How well are people protected by the prevention and control of infection?

- We were assured the provider was preventing visitors from catching and spreading infections.
- We were assured the provider was meeting shielding and social distancing rules.
- We were assured the provider was admitting people safely to the service.
- We were assured the provider was using PPE effectively and safely.
- We were assured the provider was accessing testing for people using the service and staff.
- We were assured the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured the provider's infection prevention and control policy was up to date.