

Mr Adrian Lyttle

Mr Adrian Lyttle - Sutton Coldfield

Inspection report

61 Vesey Road
Wylde Green
Sutton Coldfield
West Midlands
B73 5NR

Tel: 01212405286

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13 January 2022

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09 February 2022

Ratings

| | |
|---------------------------------|-------------------------|
| Overall rating for this service | Inspected but not rated |
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|----------------------|-------------------------|
| Is the service safe? | Inspected but not rated |
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Summary of findings

Overall summary

Mr Adrian Lyttle – Sutton Coldfield is a residential care home providing accommodation and personal care for up to nine people with learning disabilities. At the time of the inspection there were six people using the service.

We found the following examples of good practice.

- The provider was following best practice guidance in terms of ensuring visitors to the home did not spread COVID-19. On arrival visitors were asked to consent to a lateral flow test (LFT) and their temperatures recorded.
- Where possible staff encouraged people to keep a safe distance from each other and there was additional cleaning of touch points in communal areas to mitigate the risk of cross infection.
- The service kept in contact with family members through social media and phone calls and where possible, window visits.
- Staff were adhering to personal protective equipment (PPE) guidance and practices. There was a plentiful supply of PPE at all PPE stations close to people's bedrooms.
- Clear plans were in place for those who may be required to self-isolate. For those people who may struggle with isolation additional support would be provided.
- Staff continued to support people to access healthcare and arrangements were in place should people need to attend hospital and return to the home safely

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

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Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of COVID-19, we are conducting reviews to ensure that the Infection Prevention and Control (IPC) practice is safe and that services are compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 13 January 2022 and was unannounced.

Is the service safe?

Our findings

We have not changed the rating of this key question, as we have only looked at the part of the key question relating to staffing and the prevention and control of infection

Staffing

- The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures

How well are people protected by the prevention and control of infection?

- We were somewhat assured that the provider's infection prevention and control policy was up to date. Discussions with staff and the provider demonstrated they were adhering to the latest government guidance. However, the provider's policies required some updating to reflect their working practices in relation to the most recent updated guidance.
- We were somewhat assured that the provider was using PPE effectively and safely. Staff were seen to adhere to government guidance and told us they used eye protection and/or face shields when supporting people who had tested positive for COVID-19. To make sure this was practiced on every entry to people's bedrooms, visors and/or eye protection was to be easily accessible at the PPE stations outside people's bedrooms.
- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured the provider was facilitating visits for people living in the home in accordance with the current guidance.

We have also signposted the provider to resources to develop their approach.

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.

- The service was meeting the requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.