

Quo Vadis Trust

# Elmwood Lodge

## Inspection report

11 Victoria Road  
Sidcup  
Kent  
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Tel: 02083097905

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12 February 2021

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25 February 2021

## Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

**Inspected but not rated**

# Summary of findings

## Overall summary

Elmwood Lodge provides accommodation and personal care support for people who are living with mental health conditions and who may also have learning disabilities. At the time of our inspection ten people were living at the service.

We found the following examples of good practice.

Visitors, including health and social care professionals were screened for symptoms of acute respiratory infection before being allowed to enter the service. The service followed national guidance when admitting people to the service to reduce infection risks. Staff ensured they and the people they supported were socially distanced where possible within the service. Staff had access to personal protective equipment (PPE) to support people safely whilst minimising the risk of the spread of infection. Staff understood how to put on and take off PPE safely and appropriately in line with national guidance.

Arrangements were in place for friends and relatives to visit people living at the service. Staff followed national guidance to ensure people could maintain contact with friends and family in a safe way. People were also supported to maintain regular contact with their friends and family members using a computer media-based programme that used video and audio connections. This enabled people with communication difficulties to not only hear but to see the people that were important to them.

There were appropriate arrangements in place to ensure people and staff were routinely tested for COVID-19 in line with government guidance on testing. Staff received infection control, COVID 19 and PPE training and followed safe hygiene practices within the service. The provider had infection prevention and control policies and procedures in place which were up to date and reflective of national government guidance. During our inspection we observed the home was clean and hygienic and staff worked with health and social care professionals to ensure good outcomes for people using the service.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

Further information is in the detailed findings below.

**Inspected but not rated**

# Elmwood Lodge

## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the coronavirus pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. This was a targeted inspection looking at the infection control and prevention measures the provider has in place.

This inspection took place on 12 February 2021 and was announced.

## Is the service safe?

### Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.