

Bupa Care Homes (BNH) Limited

The Arkley Care Home

Inspection report

140 Barnet Road
Barnet
Hertfordshire
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Date of inspection visit:
11 January 2022

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28 January 2022

Ratings

Overall rating for this service	Inspected but not rated
Is the service safe?	Inspected but not rated

Summary of findings

Overall summary

The Arkley Care Home is a nursing home providing accommodation with personal care and nursing care for up to 52 people. On the day we inspected there were 38 people living in the home.

We found the following examples of good practice.

The provider was following the current Government National Guidance regarding care home visiting. Residents had three named visitors and an essential care giver. Information was available for visitors to follow. Visitors were supported to test for COVID 19 prior to entering the home and instructed how to use PPE.

The home had alternative methods to support social contact for visitors who were not named. For example, video calling and a visiting pod which was a converted room with a giant transparent screen separating the room and an intercom for people to speak with visitors, with an external entrance.

The provider had a system in place to ensure staff had the necessary vaccinations and had completed the necessary COVID 19 testing prior to working in the home.

The layout of the service and communal areas supported social distancing. The premises looked clean and hygienic throughout. There were enhanced cleaning schedules in place and adequate ventilation.

The staff were aware of who to contact should they have a outbreak of COVID 19 and the protocols to follow.

The home had sufficient supplies of personal protective equipment (PPE). There were PPE stations available throughout the premises. Staff had received training in infection prevention and control and how to don and doff PPE.

We were assured that this service met good infection prevention and control guidelines as a designated care setting.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

The Arkley Care Home

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the COVID-19 pandemic we are looking at how services manage infection control and visiting arrangements. This was a targeted inspection looking at the infection prevention and control measures the provider had in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 11 January 2022. We gave the service approximately 24 hours' notice of the inspection.

Is the service safe?

Our findings

Staffing

- The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures.

How well are people protected by the prevention and control of infection?

- We were assured the provider was preventing visitors from catching and spreading infections.
- We were assured the provider was admitting people safely to the service.
- We were assured the provider was using PPE effectively and safely.
- We were assured the provider was accessing testing for people using the service and staff.
- We were assured the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured the provider's infection prevention and control policy was up to date.
- We were assured the provider was facilitating visits for people living in the home in accordance with the current guidance.

(From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.)

- The service was meeting the requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.