

ODK Care Hotels Ltd

# Strathmore Lodge

## Inspection report

2 Hall Place Gardens  
St Albans  
Hertfordshire  
AL1 3SP

Tel: 01727856864

Date of inspection visit:  
29 January 2021

Date of publication:  
10 February 2021

## Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

**Inspected but not rated**

# Summary of findings

## Overall summary

Strathmore Lodge is a residential care home which provides accommodation for 19 people some of whom may live with dementia over three floors. At the time of the inspection 17 people were living at the home.

We found the following examples of good practice.

- The home was closed to visitors and access into the home for health or social care professionals was managed safely. People were encouraged to maintain contact with their family through video calls.
- Staff were wearing Personal Protective Equipment (PPE) correctly at the time of our visit. Social distancing was observed between people who were sitting in communal areas.
- The provider ensured there were enough staff on duty to meet people's needs safely. For the period of the outbreak the registered manager chose to live in the service to support staff as well as people when it was needed.
- The provider had developed policies, procedures and risk assessments for managing the service in relation to COVID-19.
- When people moved into the home or returned from hospital, they were required to isolate in their rooms, for a set period of time, even if they had a negative test. This kept people safe in the event that the person developed symptoms within the initial period of the person moving in.
- Testing for staff and people was well organized and regularly done.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

Further information is in the detailed findings below.

**Inspected but not rated**

# Strathmore Lodge

## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of coronavirus, we are conducting reviews to ensure that the Infection Prevention and Control practice was safe and the service was compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place.

This inspection took place on 29 January 2021 and was unannounced.

## Is the service safe?

### Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider's infection prevention and control policy was up to date.

We recommended to the provider to make arrangements to de-clutter some areas in the home and increase infection control audits to ensure infection outbreaks can be effectively prevented or managed.

We have also signposted the provider to resources to develop their approach.