

#### Susash UK Ltd

# Barons Lodge

#### **Inspection report**

24 Baron Grove Mitcham Surrey CR4 4EH

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#### Ratings

Overall rating for this service	Inspected but not rated
Is the service safe?	Inspected but not rated

## Summary of findings

#### Overall summary

Barons Lodge is a 'care home' and provides personal care with nursing for up to 34 people with mental health needs and/or physical disabilities in one adapted building. At the time of our inspection, there were 34 people living at the home.

We found the following examples of good practice

Measures were in place to minimise the risk of infection from visiting professionals and relatives. Visitors were limited to two visitors from the same household, per resident at a time. There was a booking system in place to stagger visitors and visiting times to minimise visitor numbers. All visitors were screened for symptoms of acute respiratory infection before being allowed to enter the home.

People were supported to maintain social contact with family and friends in a safe way through alternative methods. This included increased use of video-conferencing facilities, utilising the large outdoor space and zoning of the home to allow visitors to meet within individual rooms. A dedicated visitor's room had been allocated for people to meet their family members or friends, which was subject to enhanced cleaning.

Appropriate measures were in place to support people who had tested positive for Covid-19. Symptomatic residents were isolated in single occupancy rooms and zoning was in place, which minimised the risk of cross infection. The service ensured people were tested for Covid-19, on discharge from hospital or in the community, before agreeing to admit them. New residents isolated for 14 days within their own room. People were assessed daily for the development of a high temperature, a cough, as well as for softer signs of Covid-19, such as shortness of breath, loss of appetite, confusion, diarrhoea or vomiting.

Staff used personal protective equipment (PPE) in accordance with current infection prevention and control (IPC) guidance. There were designated areas for donning/doffing PPE. Disposal of used PPE prevented cross-contamination and followed local protocols. Staff received training in IPC and correct use of PPE.

A testing scheme for all staff and people was being conducted – known as 'whole home testing'. People were tested monthly and staff were tested at weekly. The registered manager knew how to apply for Covid-19 testing kits to test people and staff at the care home via the online care home portal.

Communal areas, such as outdoor spaces and garden areas, were used creatively to help with IPC. Multiple entrances were restricted for use by different people, such as staff or visitors. There was a designated lead for cleaning and decontamination within the service. Cleaning staff had cleaning schedules to follow which included frequency of cleaning of high touch areas, such as light switches and door handles.

All staff in high risk groups such as Black, Asian and Minority Ethnic (BAME) had been risk assessed, and adjustments had been made. All members of staff worked in this care setting only to prevent the spread of infection between services.

Further information is in the detailed findings below.

#### The five questions we ask about services and what we found

We always ask the following five questions of services.

#### Is the service safe?

Inspected but not rated

We were assured the service was following safe infection prevention and control procedures to keep people safe.



## Barons Lodge

**Detailed findings** 

#### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the coronavirus pandemic we are conducting a thematic review of infection control and prevention measures in care homes.

The service was invited to take part in this thematic review which is seeking to identify examples of good practice in infection prevention and control.

This inspection took place on 18 November 2020 and was announced.

### Is the service safe?

## Our findings

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.