

Healthcare Homes Group Limited

The Gables

Inspection report

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Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

The Gables is a residential care home which provides accommodation and personal care for up to 43 people. At the time of the inspection there were 31 people living in the home.

We found the following examples of good practice:

People living in the home and staff were tested regularly for COVID-19 at the intervals stipulated by government guidelines. Relatives and friends visiting people living at The Gables were tested using rapid lateral flow tests (LFT). The LFT involves self-administering a nose and throat swab. The sample is processed before visitors are permitted to enter.

The service was booking visitors in at a time that suited people and was spaced out to avoid potential infection transmission with other visitors. Visitors were also provided with appropriate personal protective equipment, including a surgical face mask, gloves and an apron. Visitors were not permitted to access any other areas of the home.

People were also supported to stay in contact with their relatives and friends via telephone and video-calling. The provider issued weekly newsletters to relatives and friends, which contained details about their COVID-19 status, and visiting procedures.

The service was proactive in securing good stocks of personal protective equipment (PPE).

Staff employed at the service had received training on infection prevention, COVID-19, and the correct use of Personal Protective Equipment (PPE).

Guidance was given to the service to enable them to strengthen and improve internal systems and processes. All recommendations were considered and acted on promptly.

Further information is in the detailed findings below.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

The Gables

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the COVID-19 pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. This was a targeted inspection looking at the infection control and prevention measures the provider has in place.

This inspection took place on 18 March 2021 and was announced.

Is the service safe?

Our findings

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.

We have also signposted the provider to resources to develop their approach.